



BREAK THE CYCLE

FINAL MAJOR PROJECT
Psychiatric and Spiritual Institute

Address:

79 Camden Road,
 Camden Town, London,
 NW1 9EU

Synopsis:

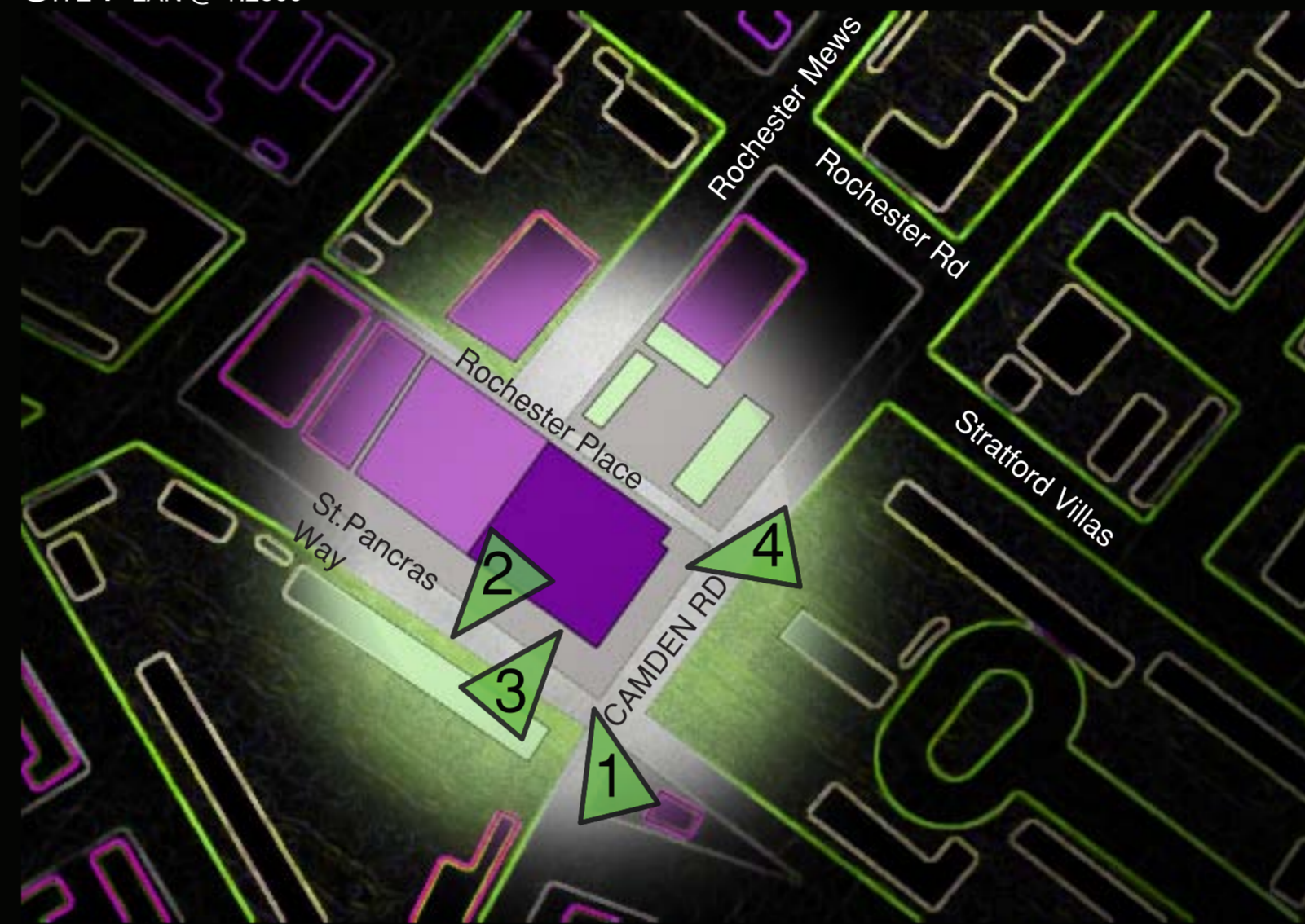
The scheme's main purpose is a Psychiatric Spiritual Institute based on the idea that even when people feel that their lives are over due to **EMOTIONAL AND PHYSICAL STRUGGLE**, and more importantly, bullying and domestic abuse, there's still the **OPPORTUNITY TO MAKE A DIFFERENCE** in the environment around them, by means of the **UNIFICATION OF MIND, BODY AND SPIRIT**.

I'm one of many people who have suffered turmoil from being treated unfairly due to jealousy, just being different and being myself. This is something that has haunted me for the full 25 years of my life, which was almost ended because of the overwhelming pain this caused.

How this relates to Camden Town specifically is because it's without doubt the most **DIVERSE PLACE** in the whole of London in regards to **DEMOGRAPHICS AND LIFESTYLES**. It's also the centre of cannabis, which can lead people down a very dark life path if left uncontrolled. It's for this reason that for so long, the Camden Town culture has been prejudiced against and is **SEEN AS ANTISOCIAL**, especially within the youth culture and are therefore abused.

The scheme intends to **REVIVE A POSITIVE IMAGE** for the **ILLUSTRIOUS CAMDEN TOWN...**

SITE PLAN @ 1:2500



1



2



3



4

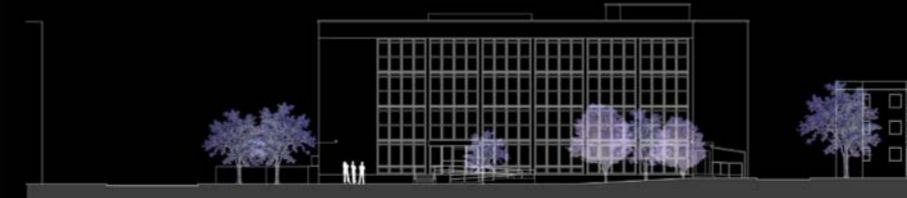


BIRD'S EYE VIEW OF 79 CAMDEN ROAD

EXISTING ELEVATIONS @ 1:500



SOUTHWEST ELEVATION



SOUTHEAST ELEVATION



NORTHEAST ELEVATION



SECTION A:A @ 1:500



LOCATION PLAN @ 1:5000



79 CAMDEN ROAD
 A - LONDON OVERGROUND ROUTES
 B - CAMDEN LOCK



1 - CAMDEN SCHOOL FOR GIRLS



2 - CANTELOWES SKATEPARK



3 - UCL ACCOMMODATION



8 - ROUNDHOUSE THEATRE



7 - CAMDEN MARKETS



6 - CAMDEN TOWN STATION



5 - ROYAL VETERINARY COLLEGE



4 - SAINSBURY'S

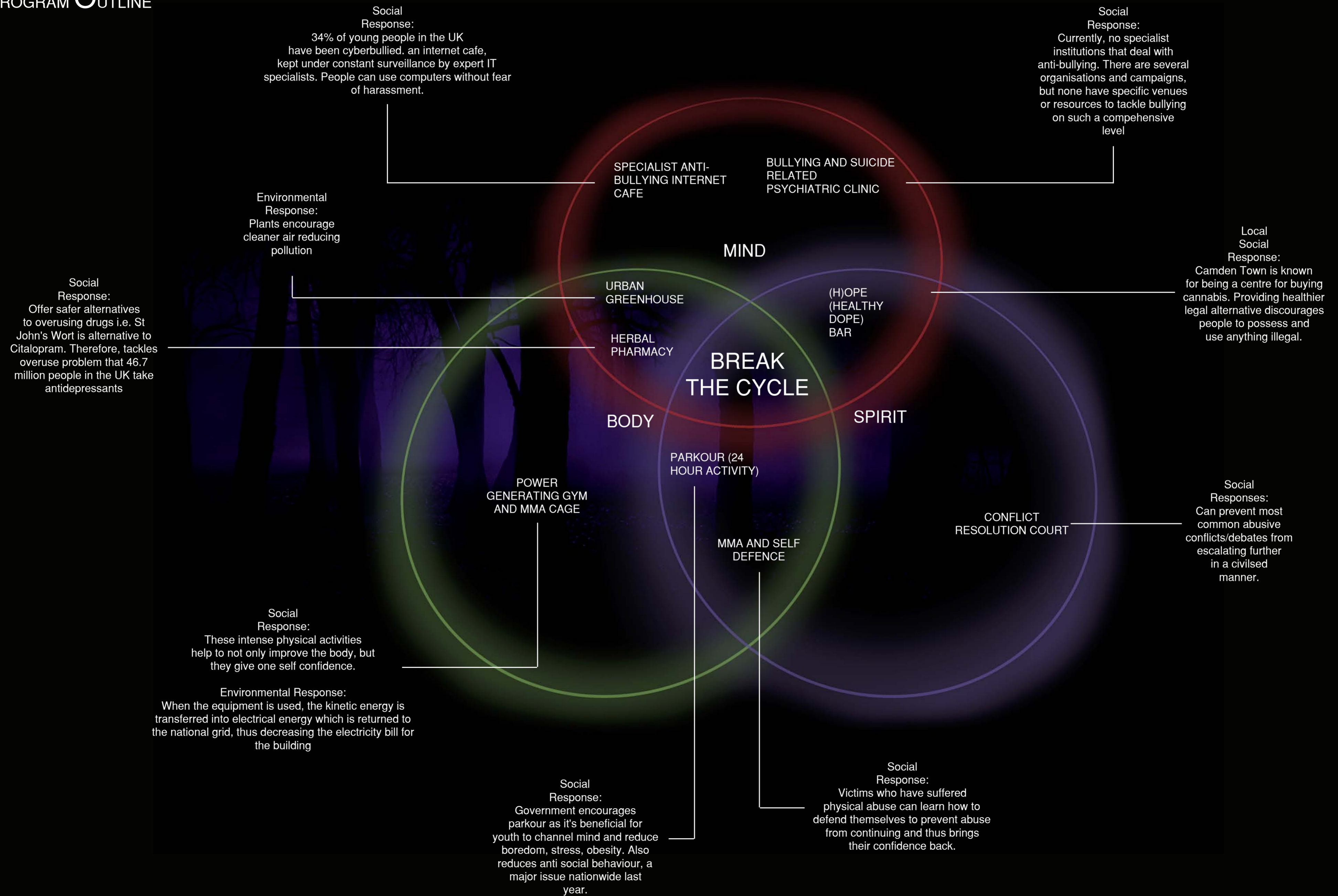


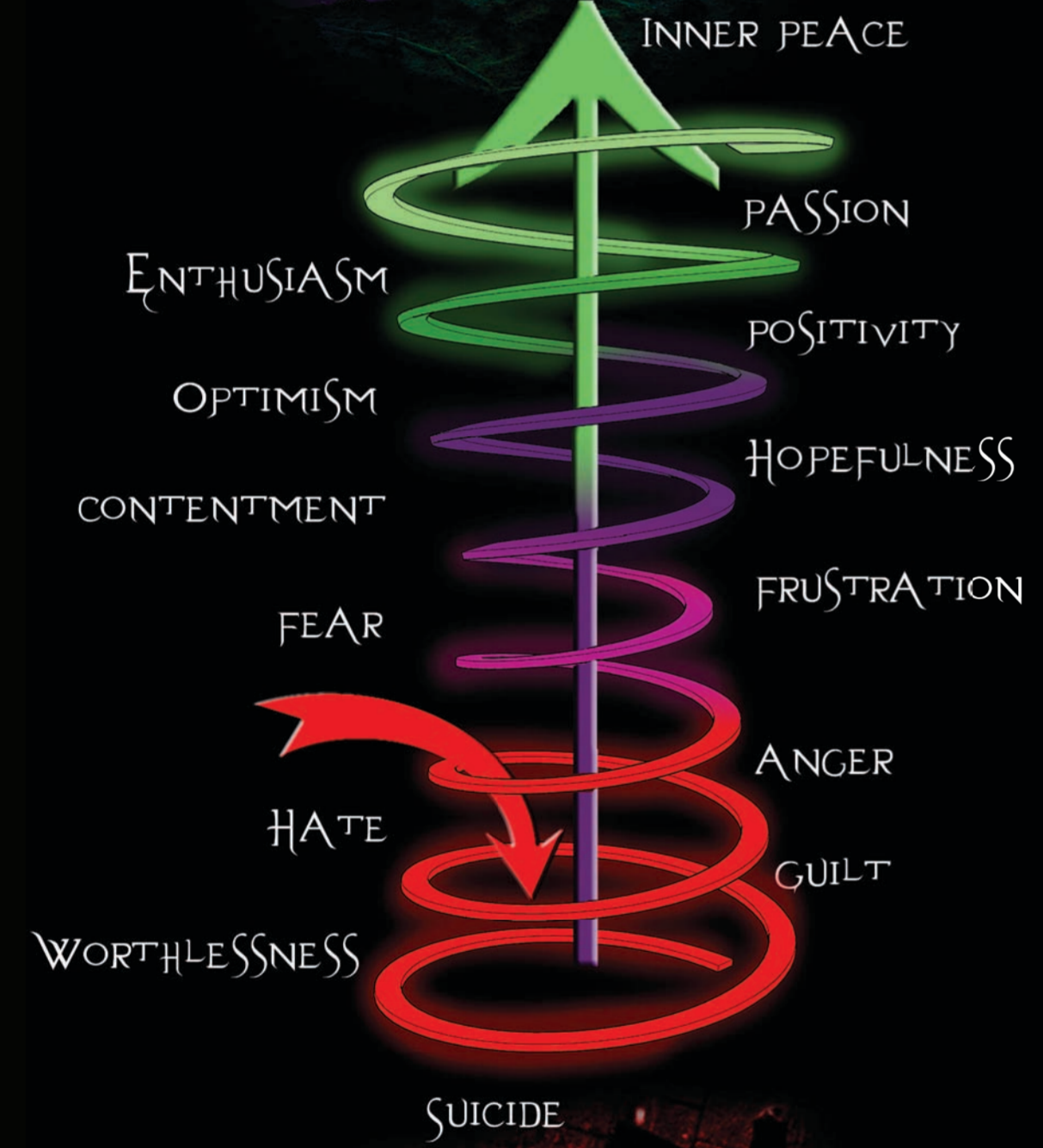
<p>PRIMARY USERS:</p> <p>THE EXTREMELY DEPRESSED AND SUICIDAL</p> <p>46% of young people say they have been bullied at school at some point in their lives.</p> <p>A study in Britain found that at least half of suicides among young people are related to bullying.</p>	<p>CANNABIS AND COCAINE USERS</p> <p>Why do people start drugs?</p> <ul style="list-style-type: none"> - Depression - Rebellion - Boredom - Medical Reasons - To gain attention of others - Influence of celebrities 	<p>SECONDARY USERS:</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="890 1323 1187 1764"> <p>MULTICULTURAL RELIGIOUS COMMUNITY</p> </div> <div data-bbox="1187 1323 1632 1764"> <p>LOCAL STUDENT COMMUNITY</p> </div> </div> <div data-bbox="890 1428 1632 1764"> <table border="1"> <caption>UNEMPLOYMENT RATES BY RELIGION</caption> <thead> <tr> <th>Religion</th> <th>Rate</th> </tr> </thead> <tbody> <tr> <td>Islam</td> <td>31%</td> </tr> <tr> <td>Buddhism</td> <td>17%</td> </tr> <tr> <td>Sikh</td> <td>14%</td> </tr> <tr> <td>Christianity</td> <td>12%</td> </tr> <tr> <td>None</td> <td>11%</td> </tr> <tr> <td>Hinduism</td> <td>9%</td> </tr> <tr> <td>Judaism</td> <td>6%</td> </tr> </tbody> </table> </div>	Religion	Rate	Islam	31%	Buddhism	17%	Sikh	14%	Christianity	12%	None	11%	Hinduism	9%	Judaism	6%	<p>PARKOUR TRASCEURS</p> <p>Parkour = moving from one point to another efficiently and quickly using abilities of human body.</p> <p>A means of reclaiming what it means to be a human being.</p> <p>It teaches us to touch and interact with the world.</p>	<p>VAGABONDS</p> <p>Camden Town is known for its diverse culture of people with unconventional lifestyles, tastes and fashion.</p> <p>Main activities include hosting stalls on the markets and in school/college and performing arts - mainly music, and some theatre, though not as much these days.</p>	<p>TEENAGE EMO CULTURE</p> <p>Emotionally hardcore - Stereotyped as "unenthusiastic melodramatics who create ridiculous, depressing melodramas. Often take anti-depressants, even though majority don't need them. They need to wake up and deal with life like everyone else instead of wallowing in their imaginary quagmire of torment.</p>	<p>TEENAGE GOTH CULTURE</p> <p>Post-punk subculture of punk. Camden Town has influences of style from both music and fashion. Typically seen as morbid, wearing black almost all of the time. Lies at the opposite end of the spectrum of society to the chav.</p>
Religion	Rate																					
Islam	31%																					
Buddhism	17%																					
Sikh	14%																					
Christianity	12%																					
None	11%																					
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Judaism	6%																					

UNEMPLOYMENT RATES BY RELIGION

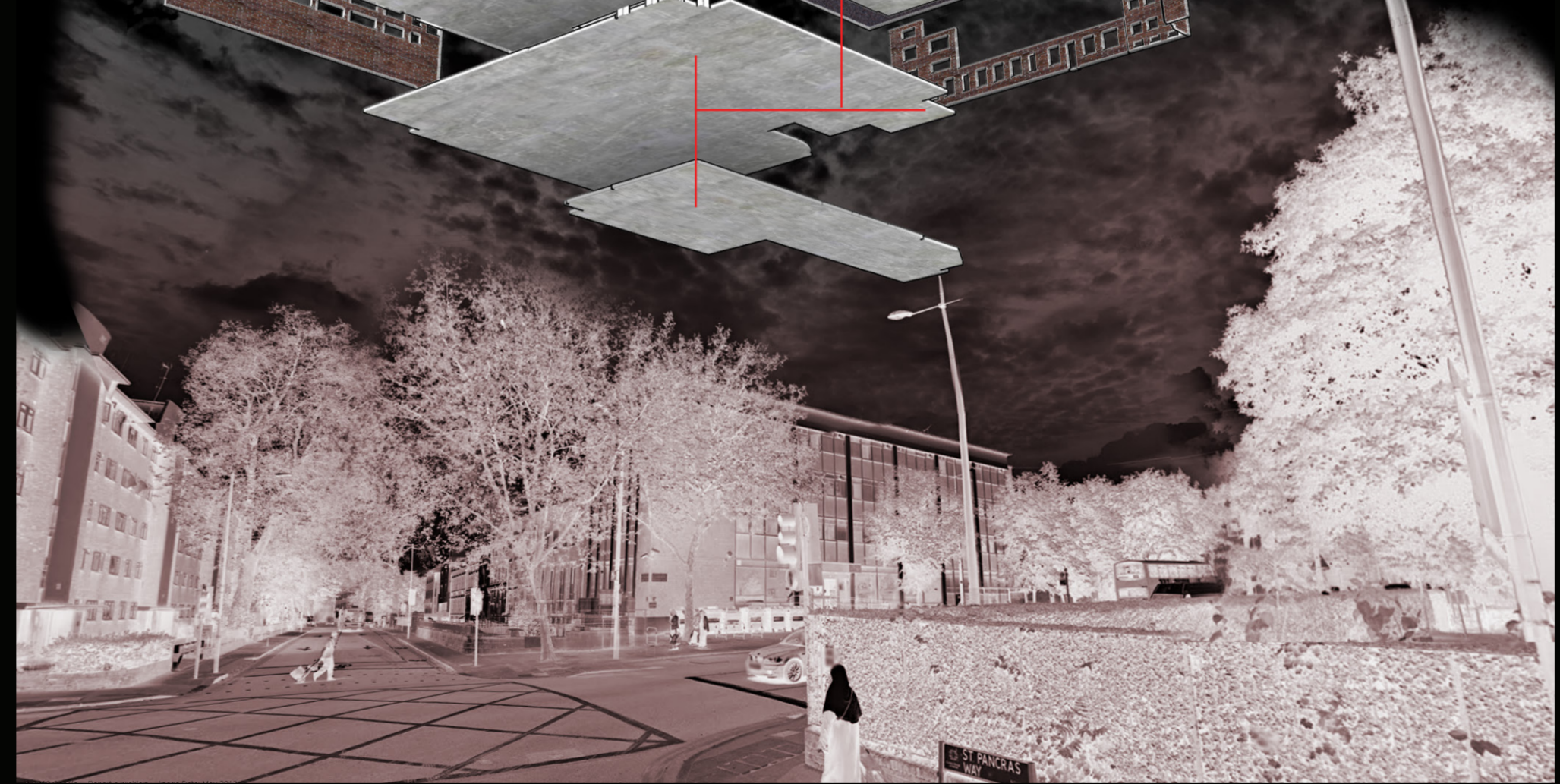
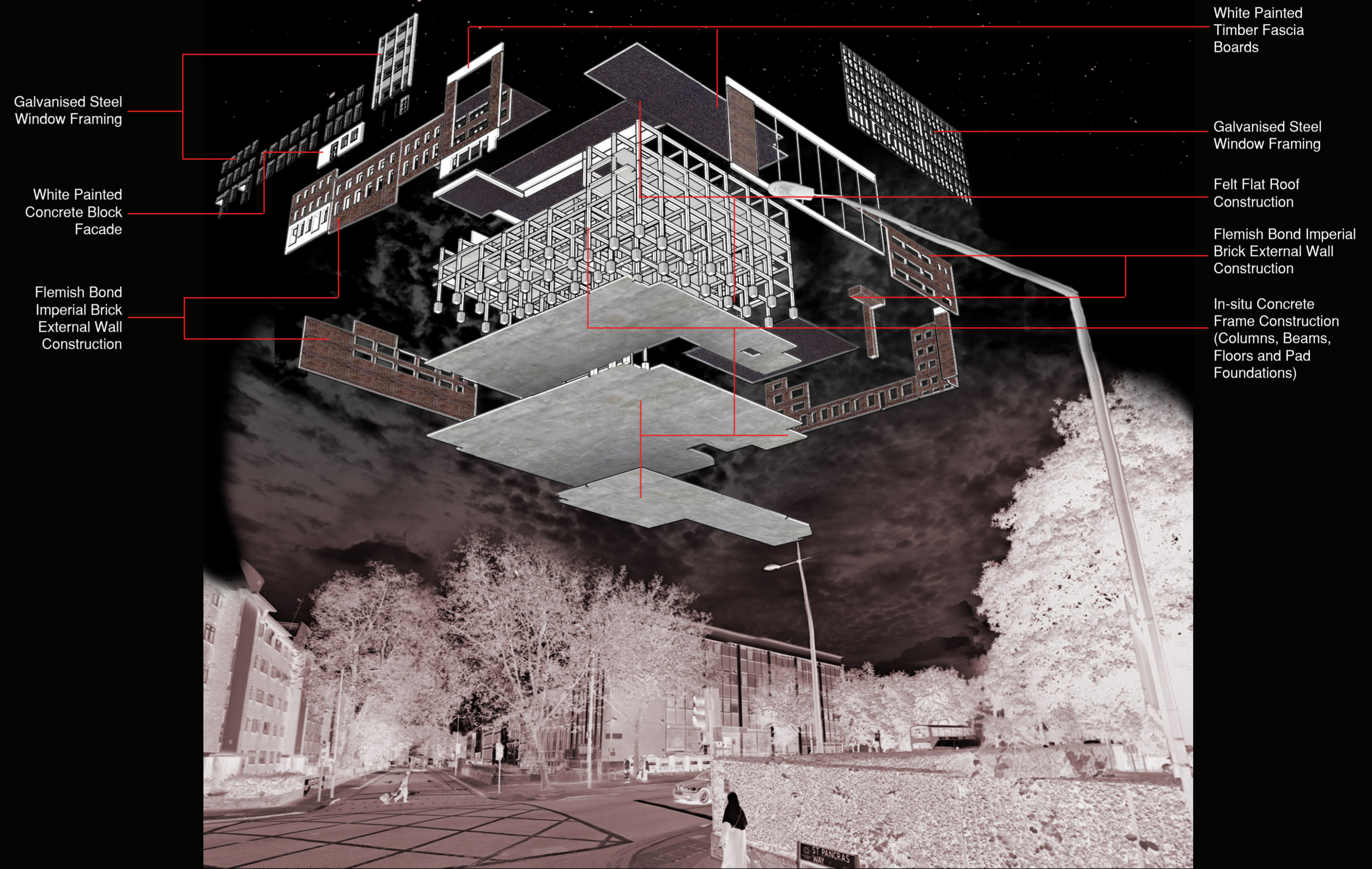


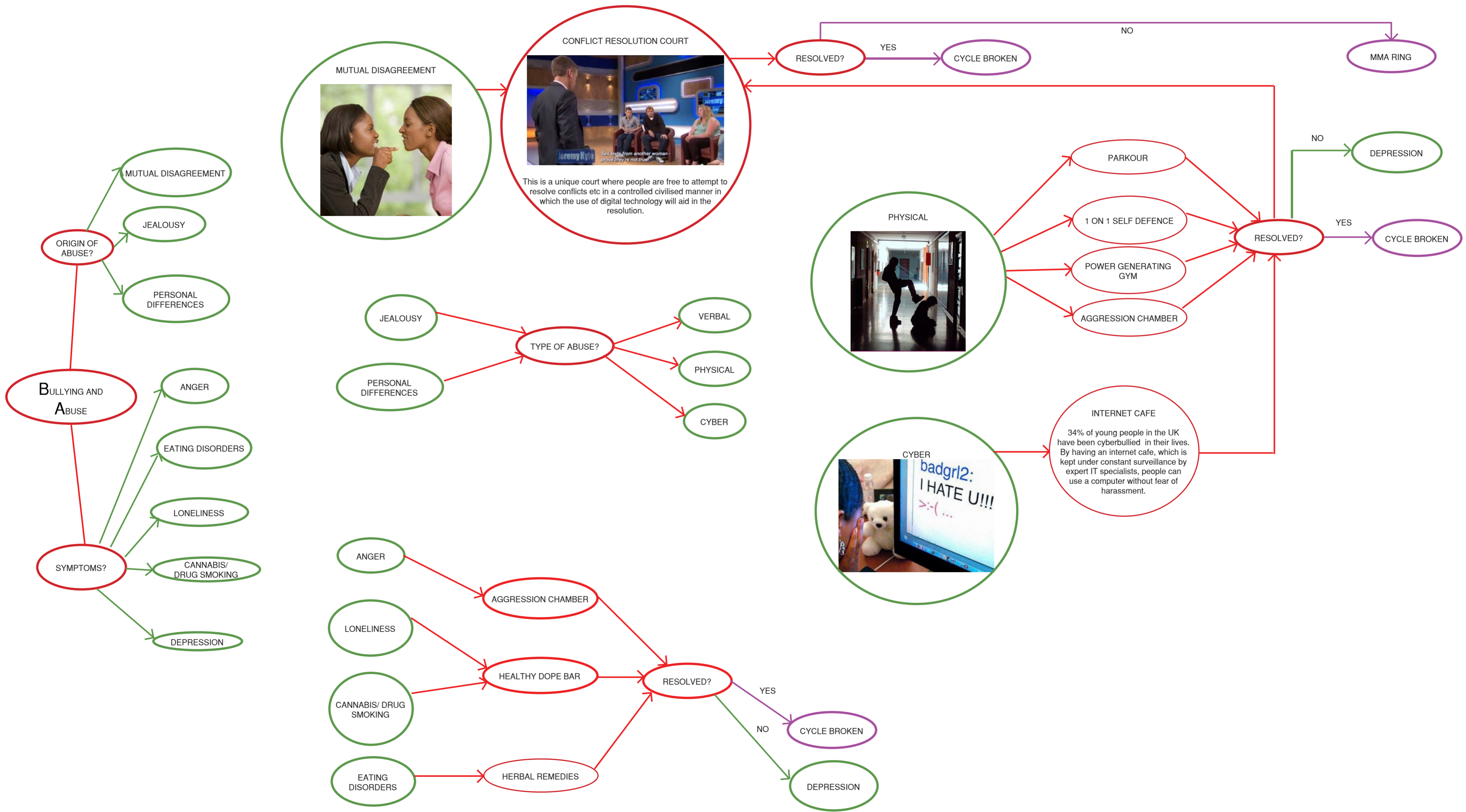
PROGRAM OUTLINE

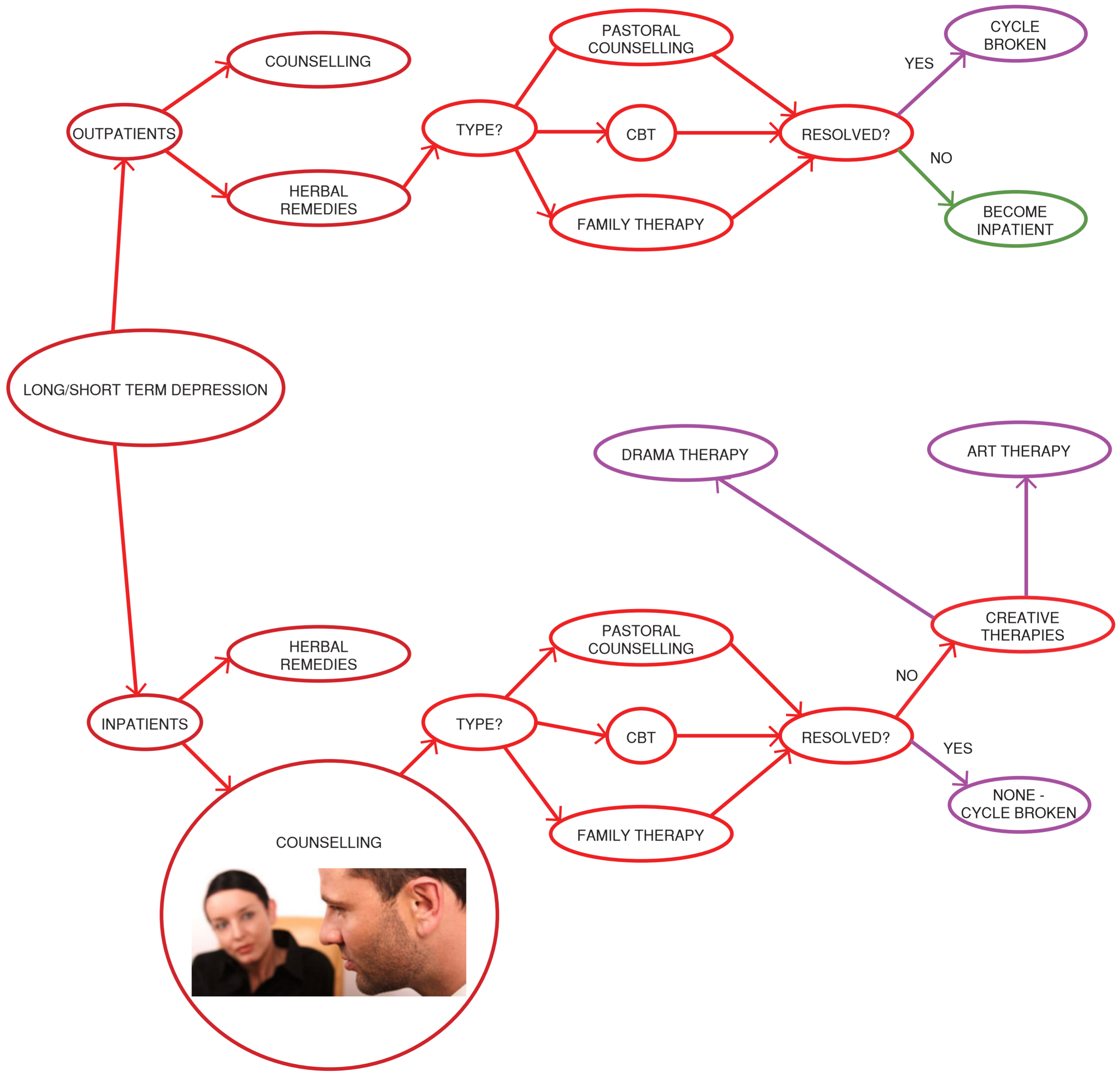
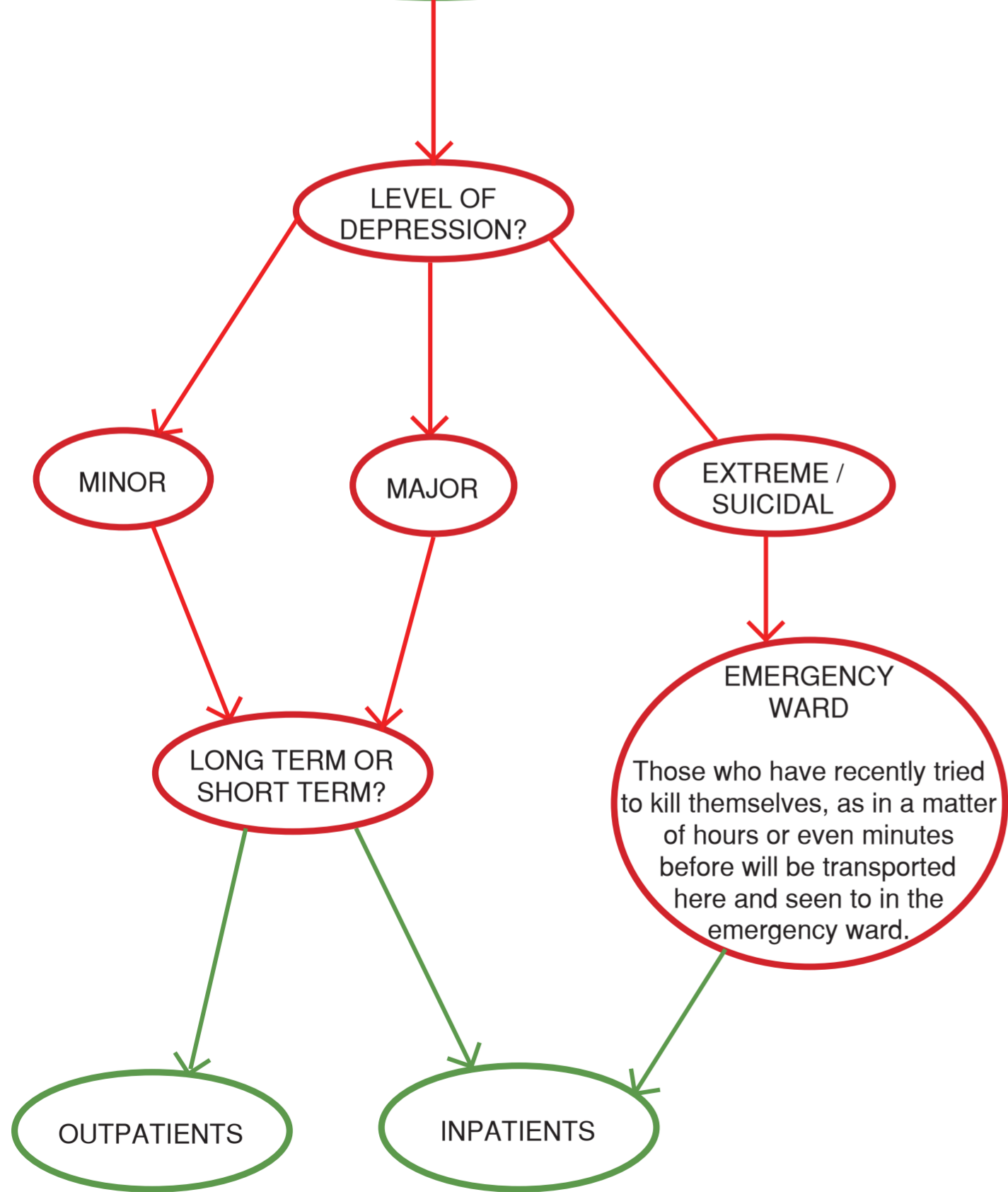


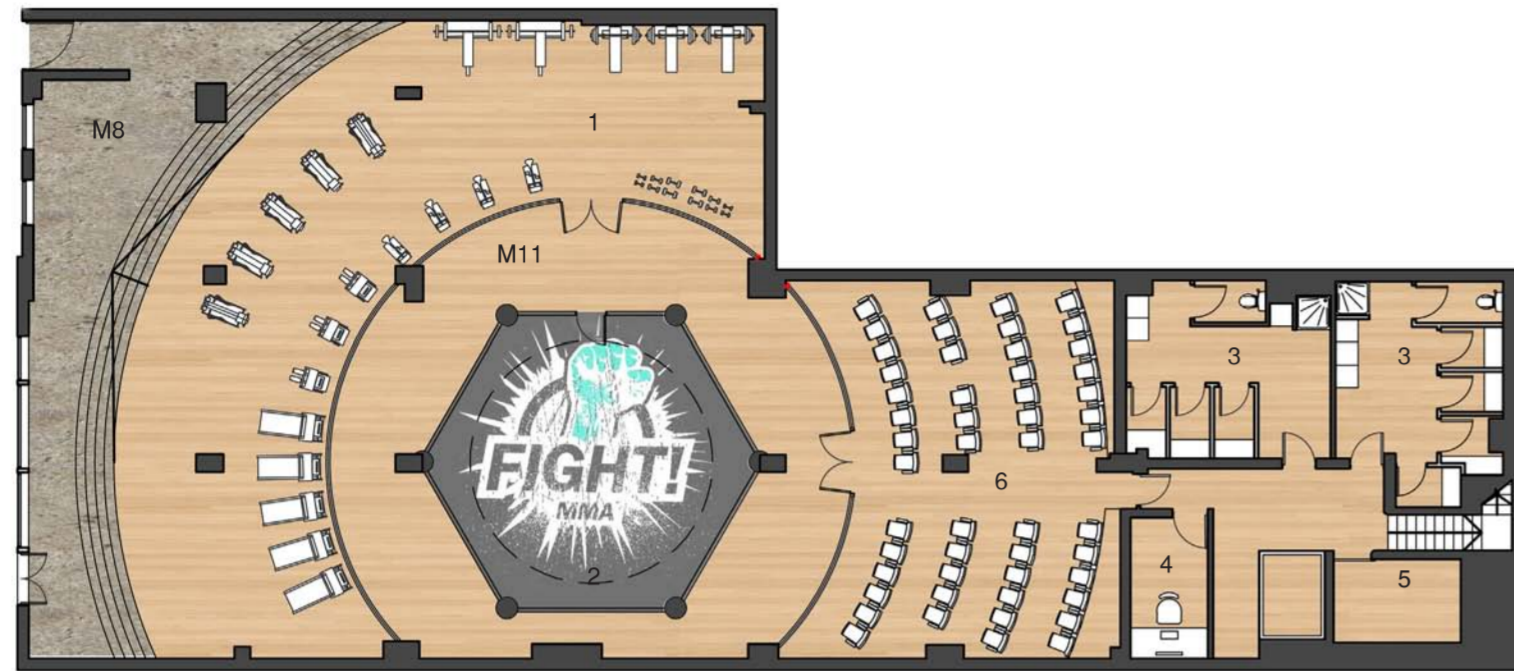


AXONOMETRIC OF EXISTING BUILDING MATERIALITY









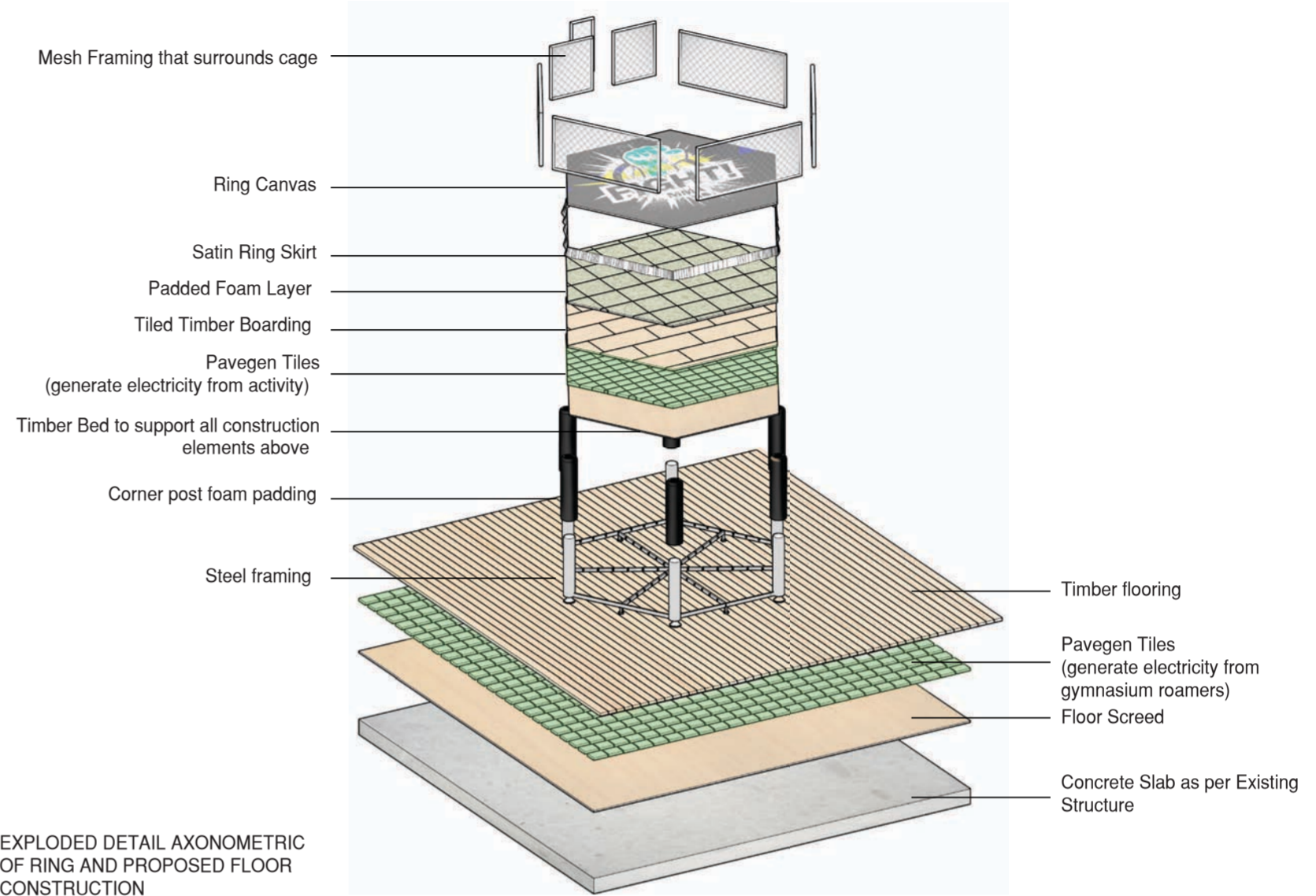
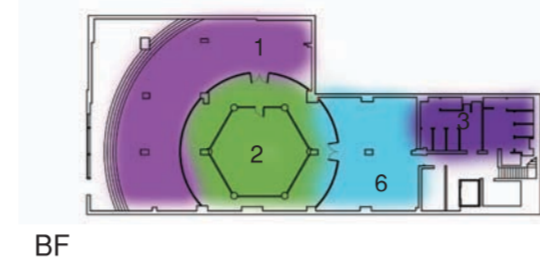
- 1 - Power Generating Gym
- 2 - MMA Cage
- 3 - Changing Rooms
- 4 - Office
- 5 - Storage
- 6 - Seating

BASEMENT FLOOR PLAN
@ 1:200

MATERIALS KEY



ZONING PLAN

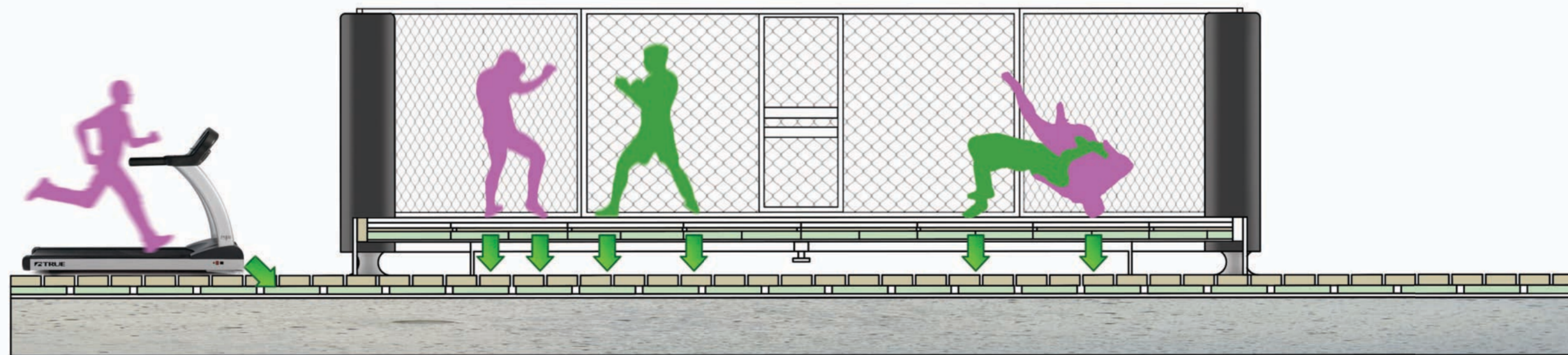


Power generated by...

1 - Gymnasium Equipment connected to system

2 - Feet when combatant moves around in stance

3 - Impact from throws onto canvas



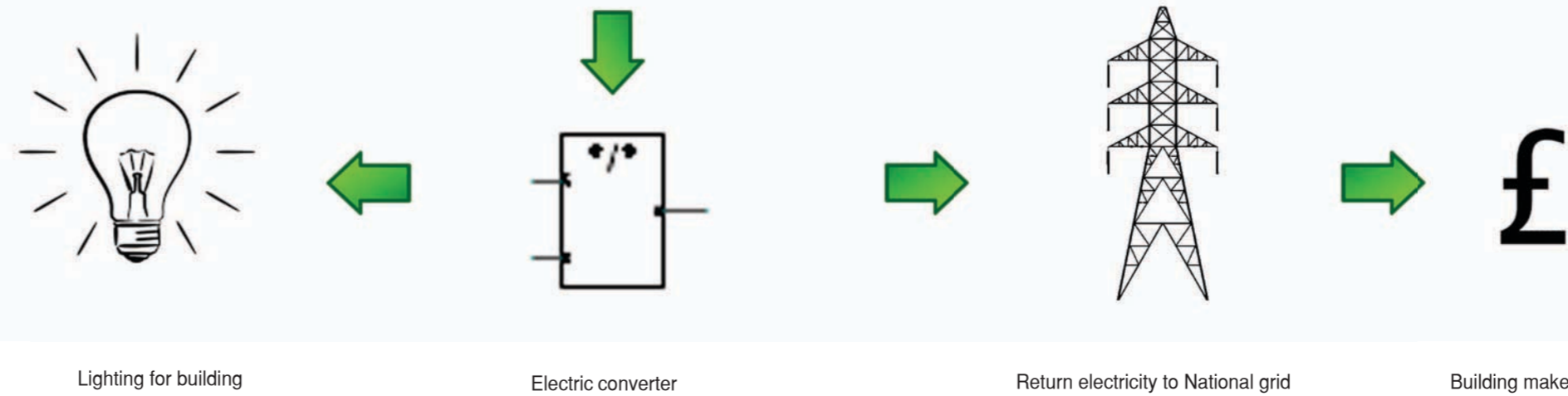
RING AND PROPOSED FLOOR SECTION
@ 1:50



PAVEGEN TILING TECHNOLOGY

The pavegen tiles have recently been introduced as a means of harnessing electrical energy after the energy transfer from kinetic movement. When one steps on a tile, a small amount of electricity is used. This can be used to either light up the building or it can be returned to the National Grid where the building owner will receive the money from it.

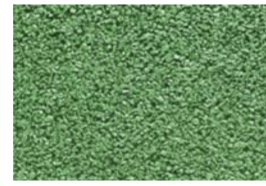
When used in a proposed environment such as this, where there will be a lot of stepping and impact, it is the ideal place to generate power via this application.





PARKOUR ACTION OUTSIDE GYMNASIUM ENTRANCE

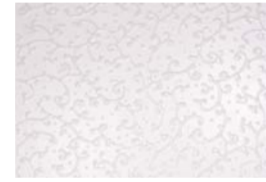
MATERIALS KEY



M10 - Coloured Rubber Flooring
(Green, Red, Purple)

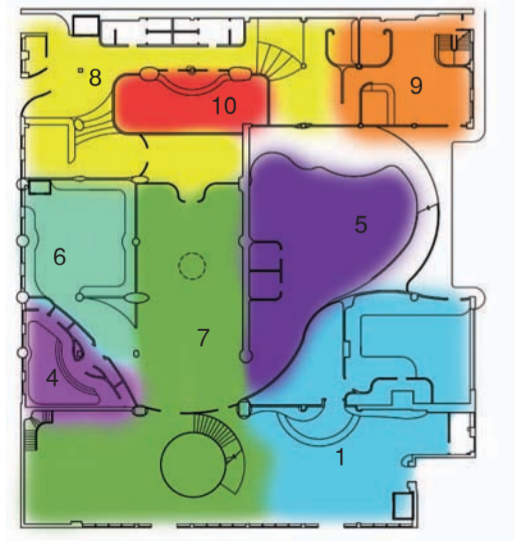


M8 - Concrete



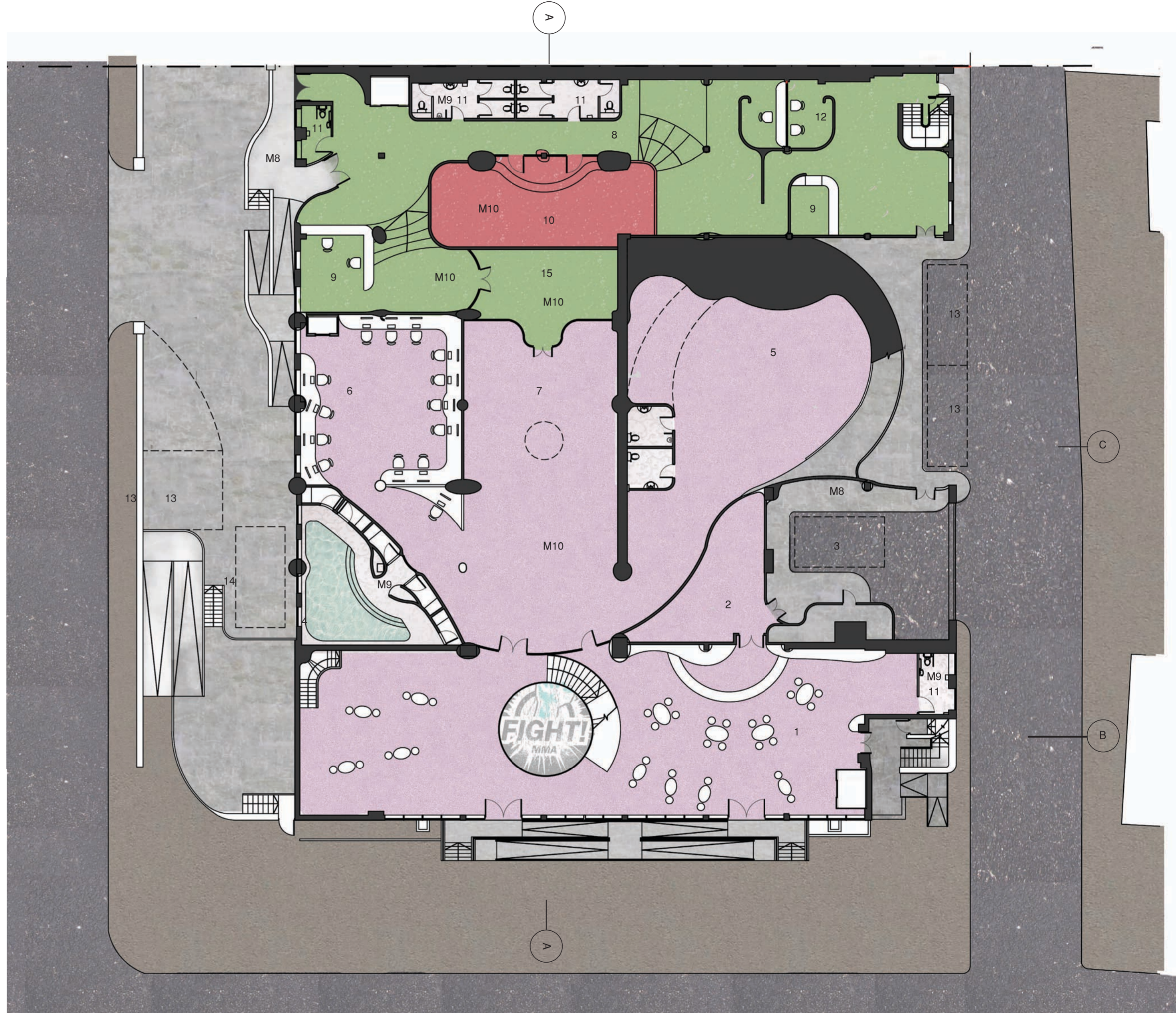
M9 - Embossed Rubber Flooring

- 1 - Herbal Remedy Shop
- 2 - Office / Workshop
- 3 - Loading / Unloading Bay
- 4 - Spa Facilities
- 5 - Conflict / Debate Resolution Court
- 6 - Specialist Internet Cafe
- 7 - Emotion Gallery
- 8 - Inpatient Lobby
- 9 - Reception
- 10 - Aggression Chamber
- 11 - WCs
- 12 - Visitor / Inpatient Booth
- 13 - Car Parking Spaces
- 14 - Emergency Vehicle Parking Space
- 15 - Time Lock Security Vestibule



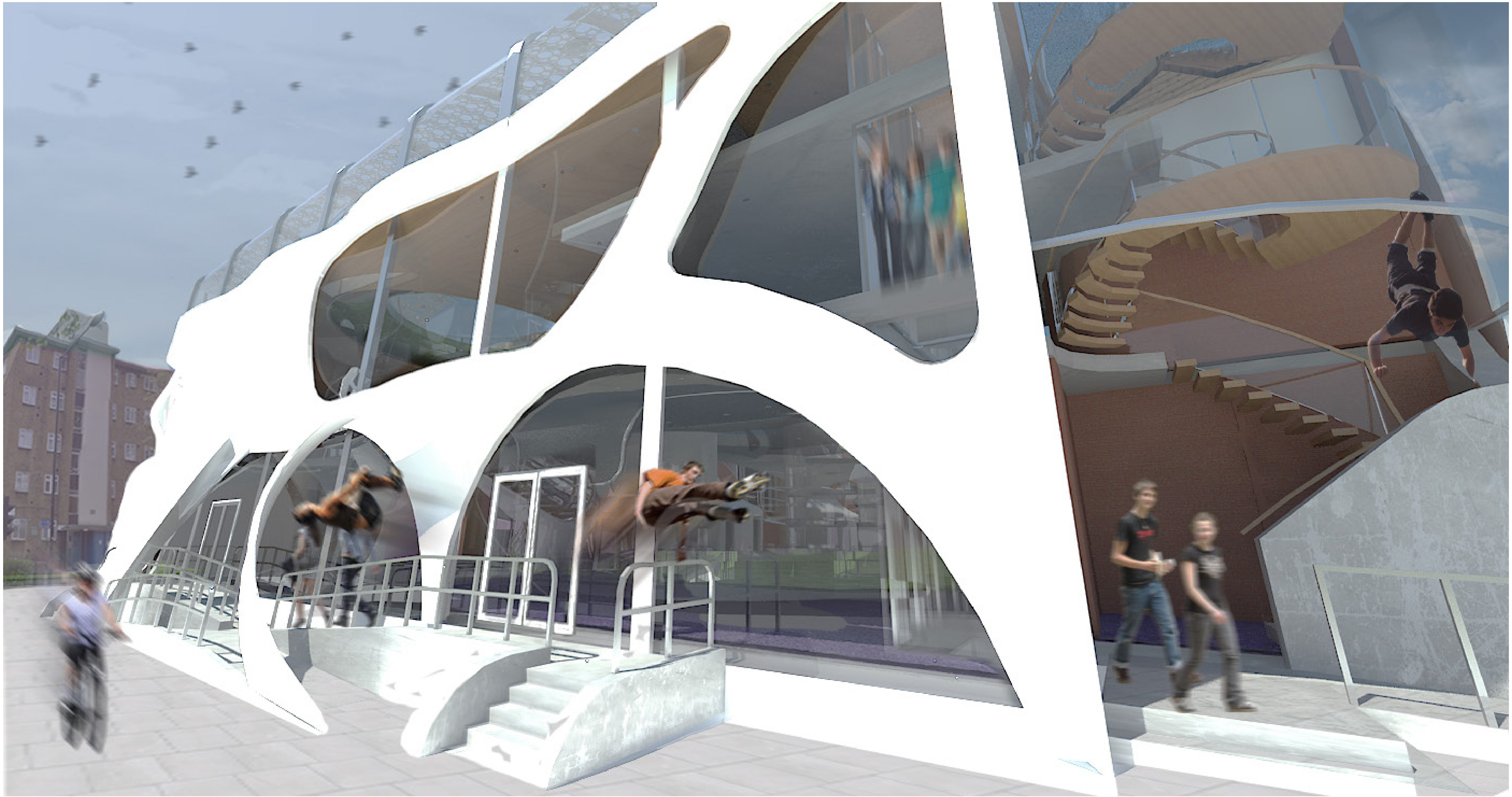
ZONING PLAN

GROUND FLOOR PLAN
@ 1:200





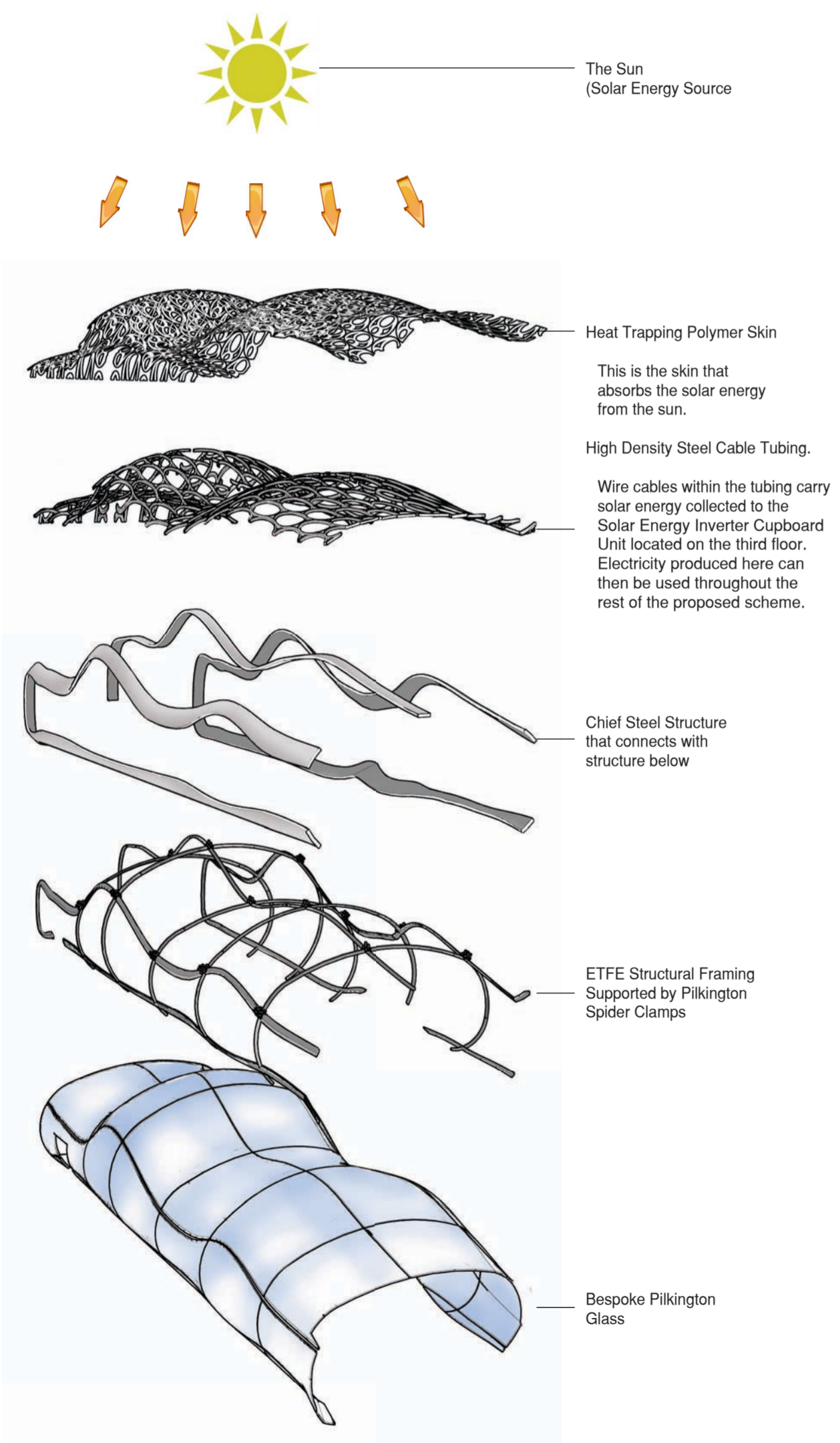
VIEW ALONG THE HERBAL REMEDY SHOP / ENTRANCE LOBBY



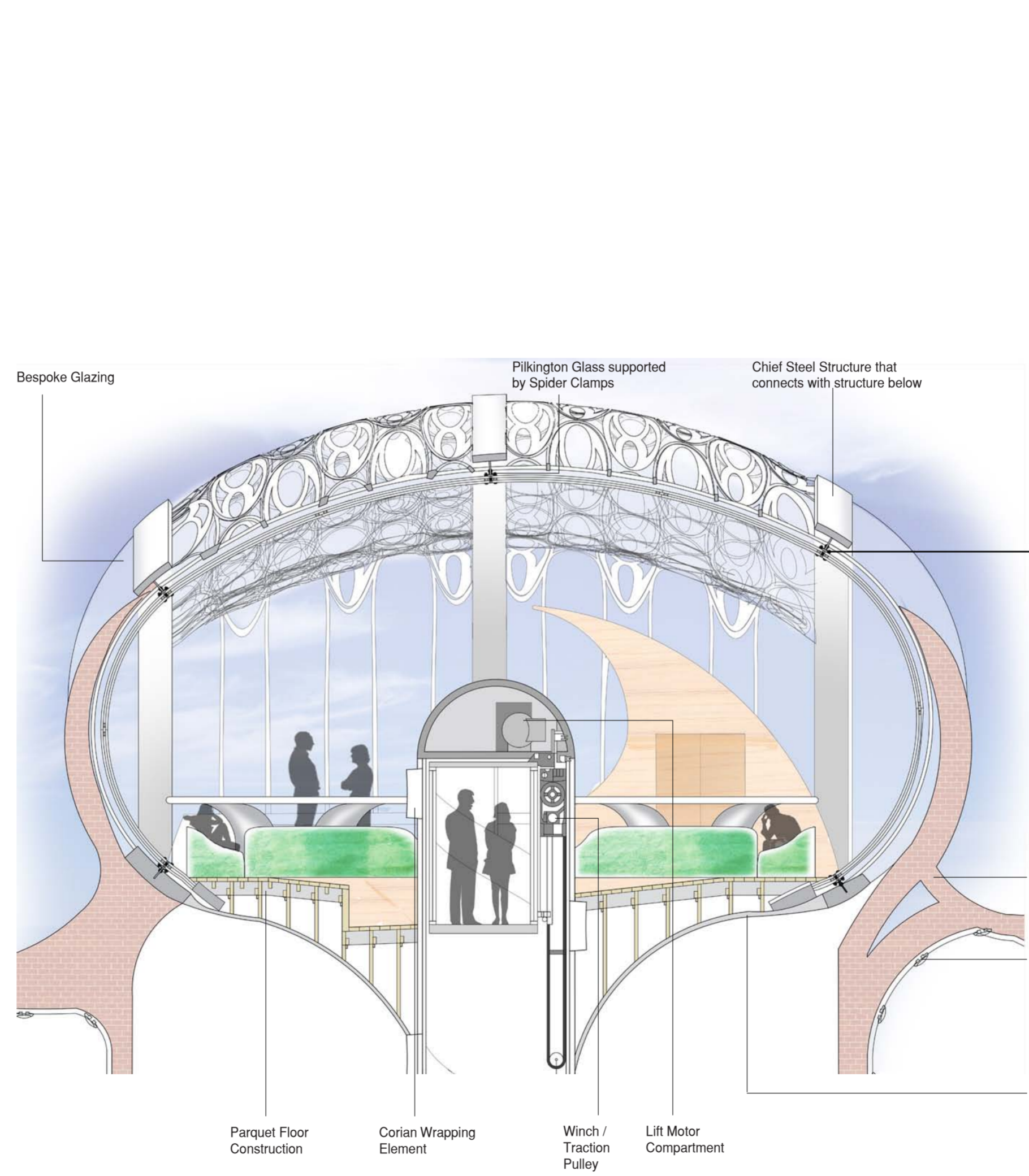
EASTERN CORNER EXTERIOR VIEW



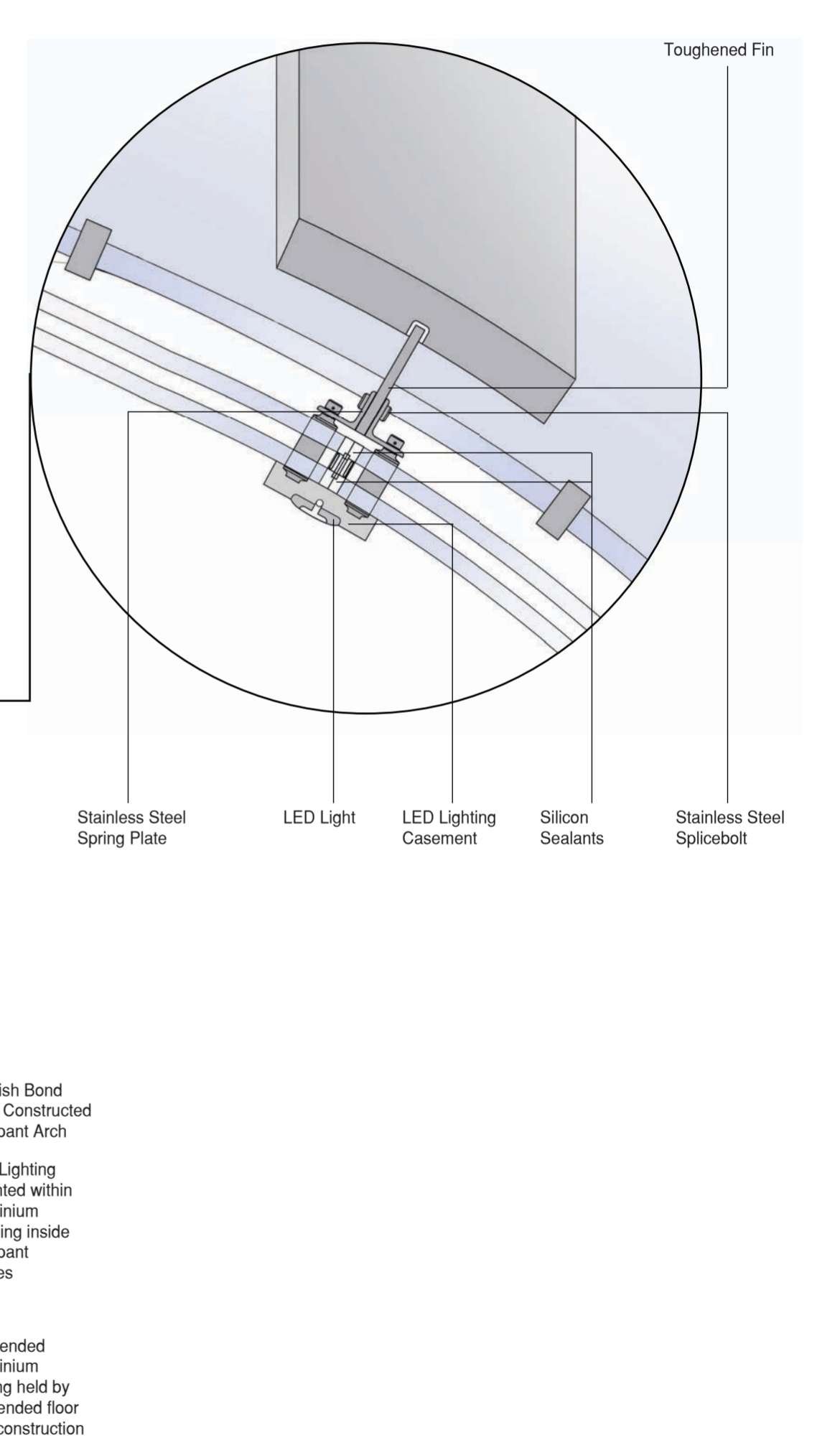
EXPLODED DETAIL OF SOLARSKIN GREENHOUSE GLAZING



SECTION @ 1:125 THROUGH LEVEL 3 INPATIENT PENTHOUSE



SPIDER CLAMP DETAIL @ 1:10



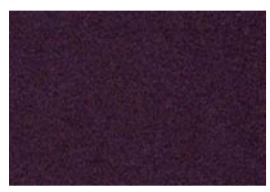


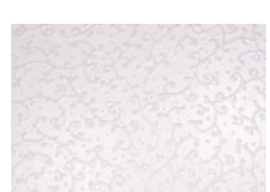



VIEW ALONG THE EMOTIONS GALLERY



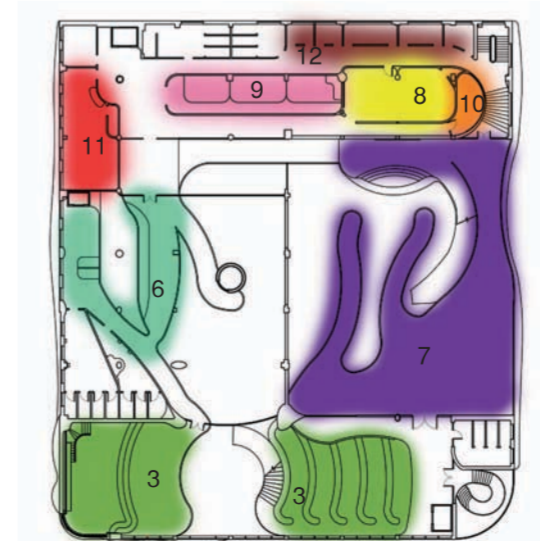
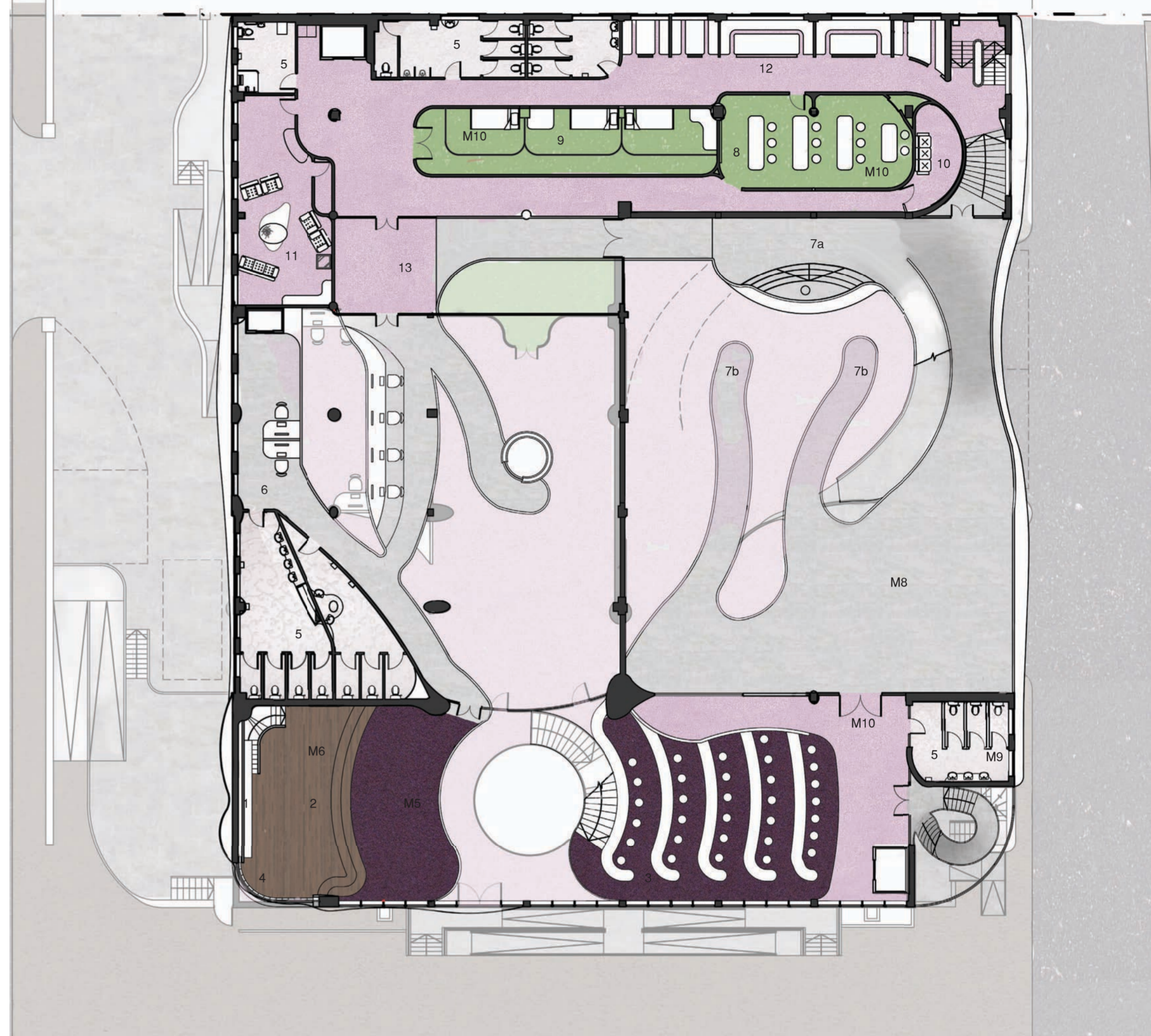
AUDITORIUM DURING A FILM PRESENTATION

MATERIALS KEY

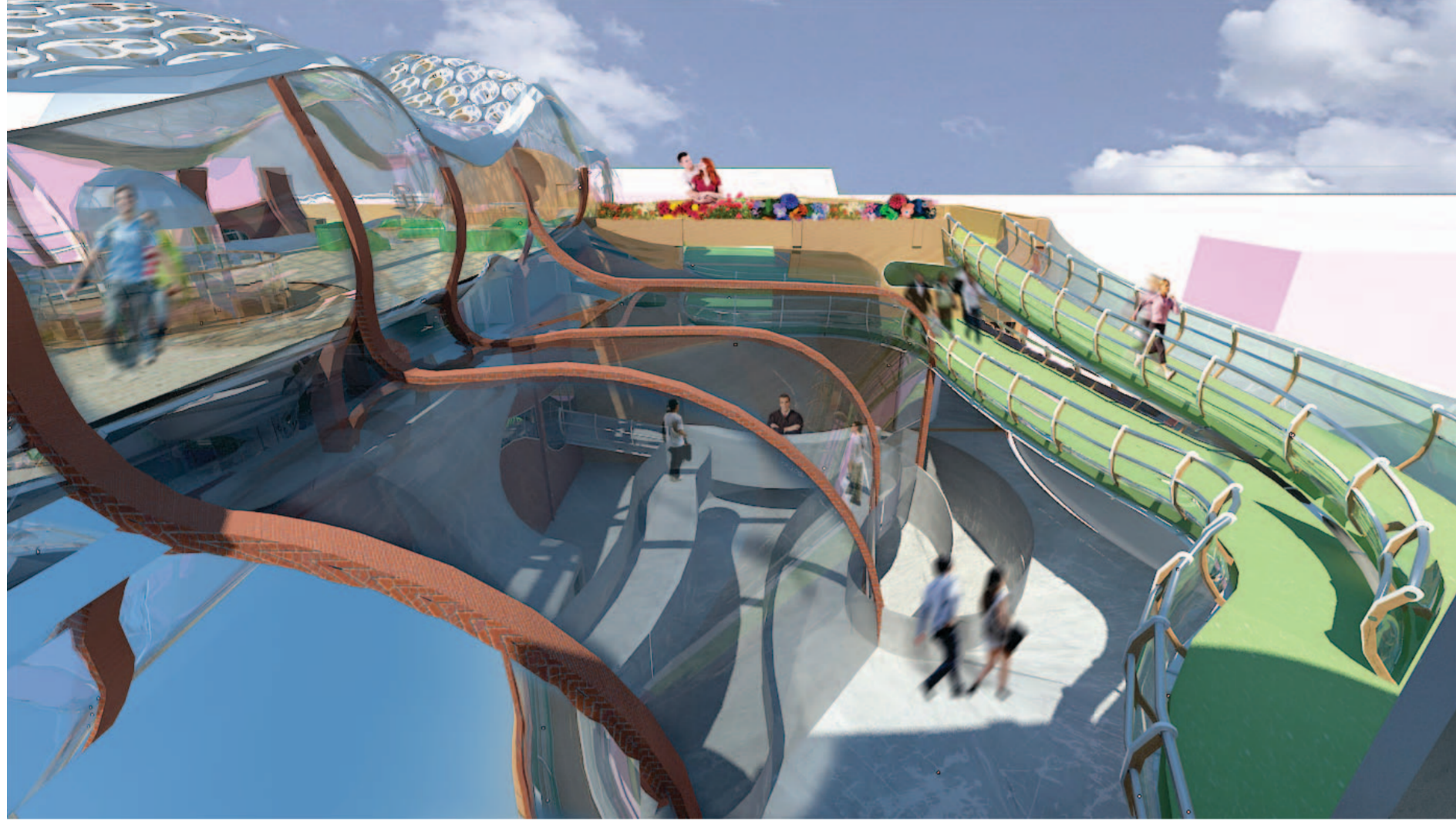
-  M5 - Dark Purple Carpet
-  M6 - Oak Flooring
-  M8 - Concrete
-  M9 - Embossed Rubber Flooring
-  M10 - Coloured Rubber Flooring (Green, Red, Purple)

- 1 - Big Screen
- 2 - Stage
- 3 - Theatre Hall
- 4 - Shutters
- 5 - WCs
- 6 - Specialist Internet Cafe
- 7 - Courtroom
- 7a - Host / Judge Platform
- 7b - Defendant/Prosecutor Platforms
- 8 - Catch-up Classroom
- 9 - Emergency Ward
- 10 - EMDR Room
- 11 - Family Therapy Room
- 12 - Personal Study Booths
- 13 - Time Lock Security Vestibule

FIRST FLOOR PLAN
@ 1:200

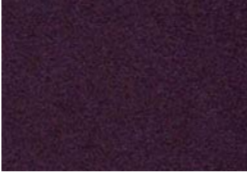

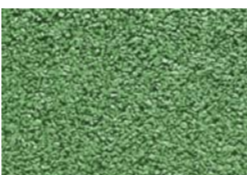

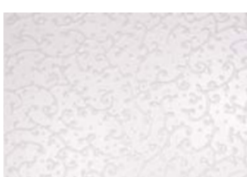


ZONING PLAN



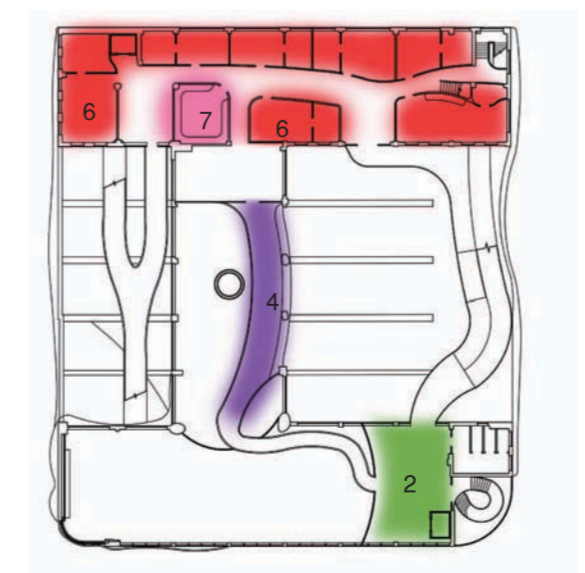
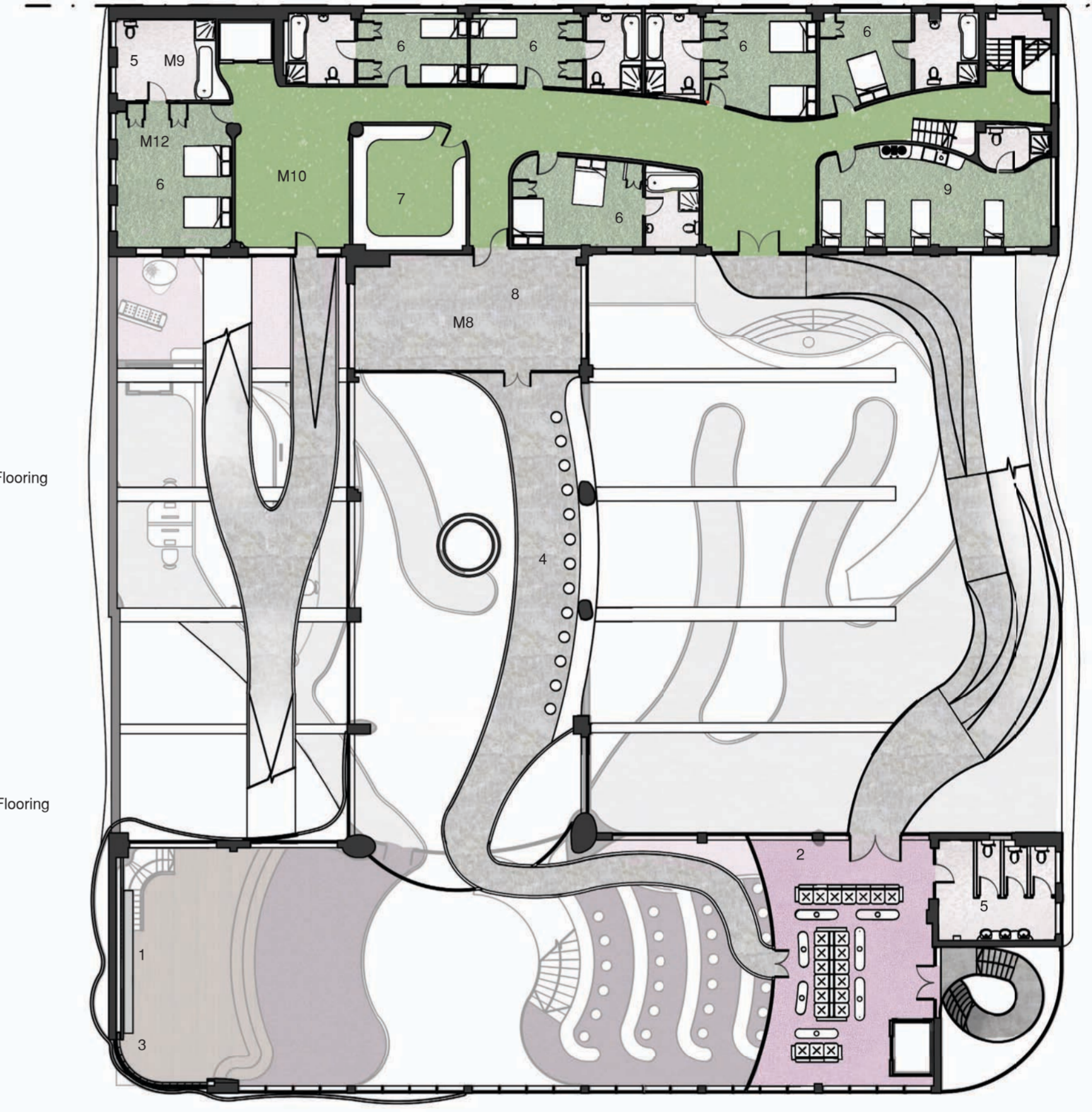
VIEW OVER CONFLICT RESOLUTION COURTROOM

MATERIALS KEY

-  M5 - Dark Purple Carpet
-  M6 - Oak Flooring
-  M10 - Coloured Rubber Flooring (Green, Red, Purple)
-  M8 - Concrete
-  M9 - Embossed Rubber Flooring

- 1 - Big Screen
- 2 - Healthy Smoking Bar
- 3 - Shutters
- 4 - Courtroom Gallery
- 5 - WCs
- 6 - Bedrooms
- 7 - Drugs Cupboard
- 8 - Time Lock Security Vestibule
- 9 - Staff Accommodation

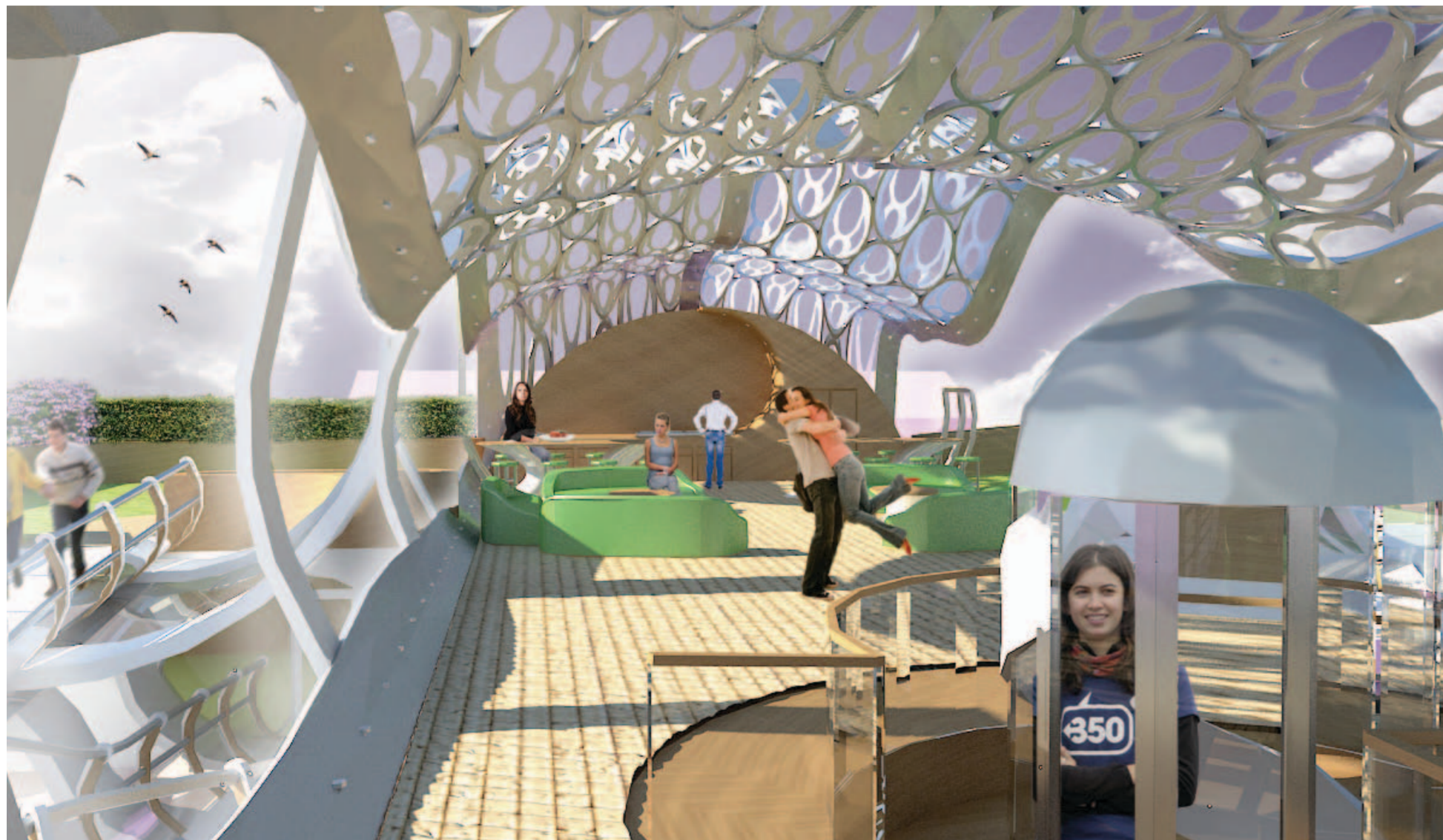
SECOND FLOOR PLAN
 @ 1:200



ZONING PLAN



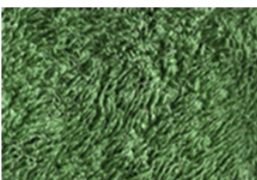



VIEW ALONG GREENHOUSE INTERIOR



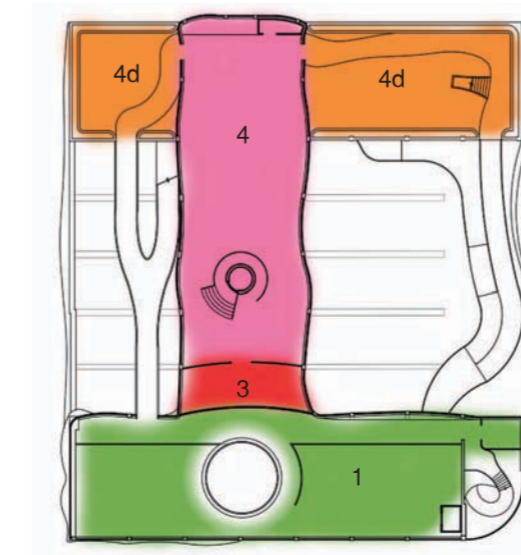
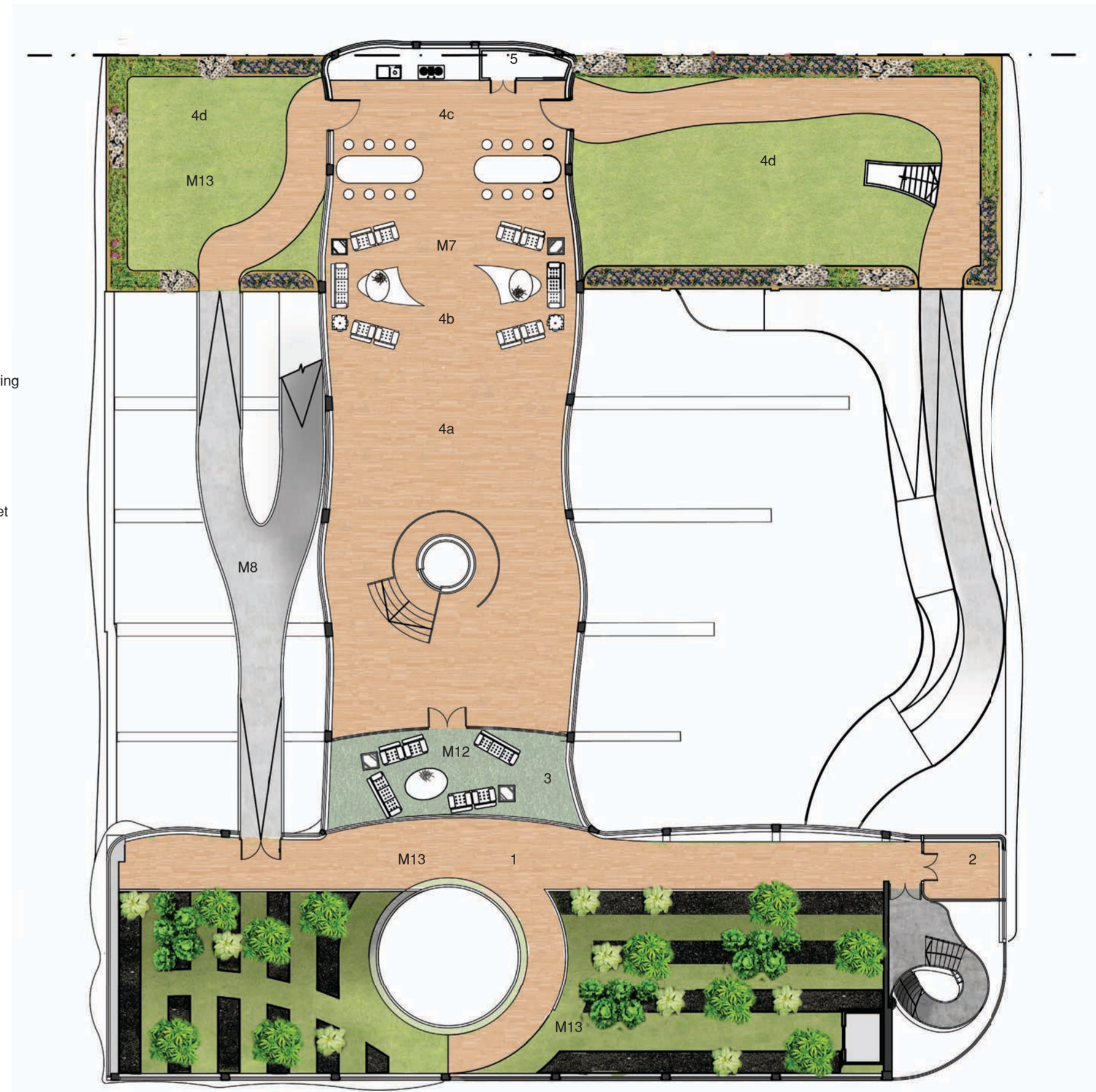
VIEW ALONG INPATIENT PENTHOUSE INTERIOR

MATERIALS KEY

-  M8 - Concrete
-  M7 - Parquet Flooring
-  M12 - Green Carpet
-  M13 - Grass

- 1 - Greenhouse
- 2 - Plant Preparation Shed
- 3 - Counselling Space
- 4 - Inpatients Penthouse
- 4a - Therapeutic Activity Space
- 4b - Lounge
- 4c - Kitchen
- 4d - Gardens
- 5 - Solar Energy Inverter Cupboard Unit

THIRD FLOOR PLAN
 @ 1:200



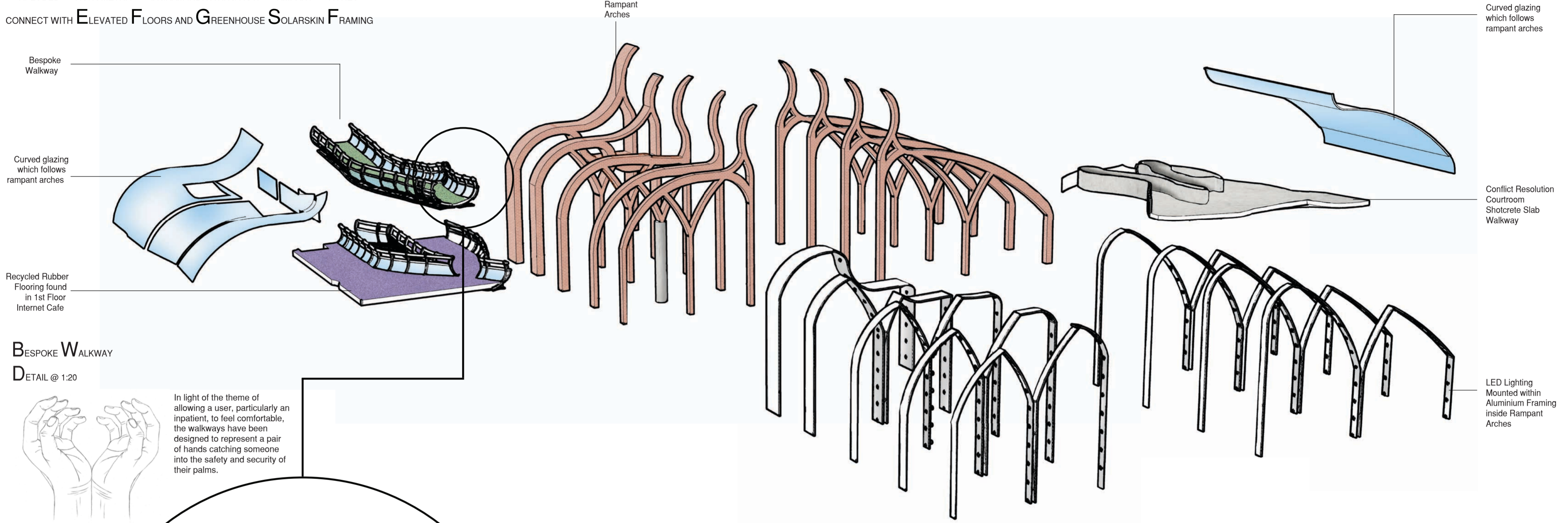
ZONING PLAN



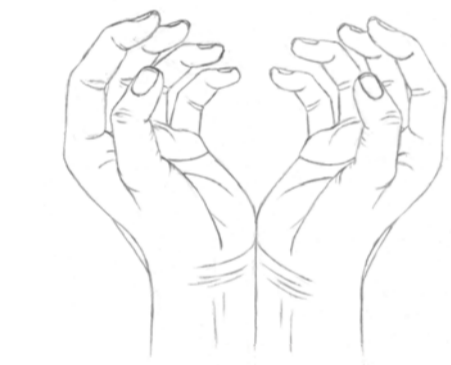
VIEW ALONG INPATIENT PENTHOUSE INTERIOR



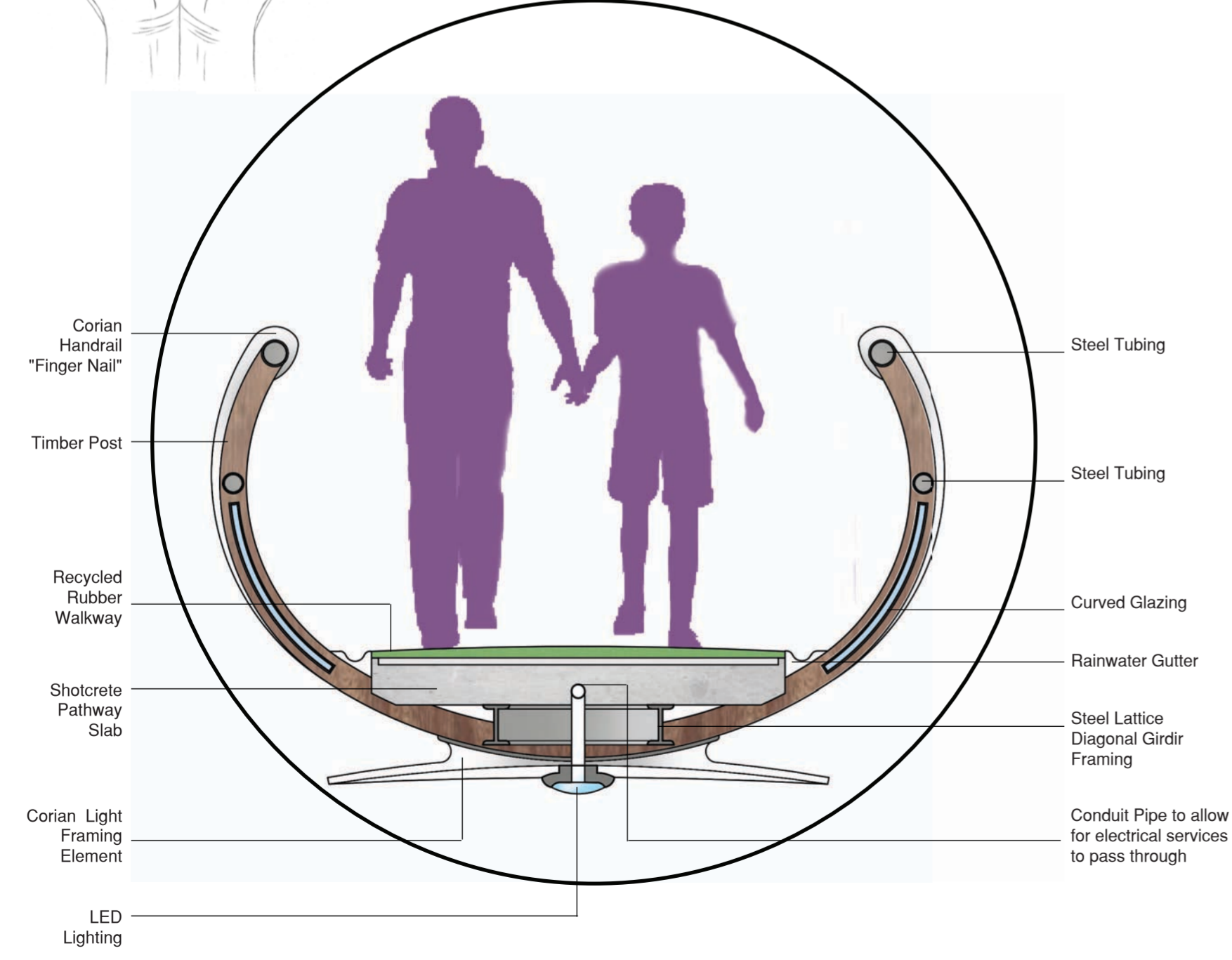
EXPLODED **A**XONOMETRIC **D**IAGRAM INDICATING HOW **R**AMPANT **A**RCHES
CONNECT WITH **E**LEVATED **F**LOORS AND **G**REENHOUSE **S**OLARSKIN **F**RAMING



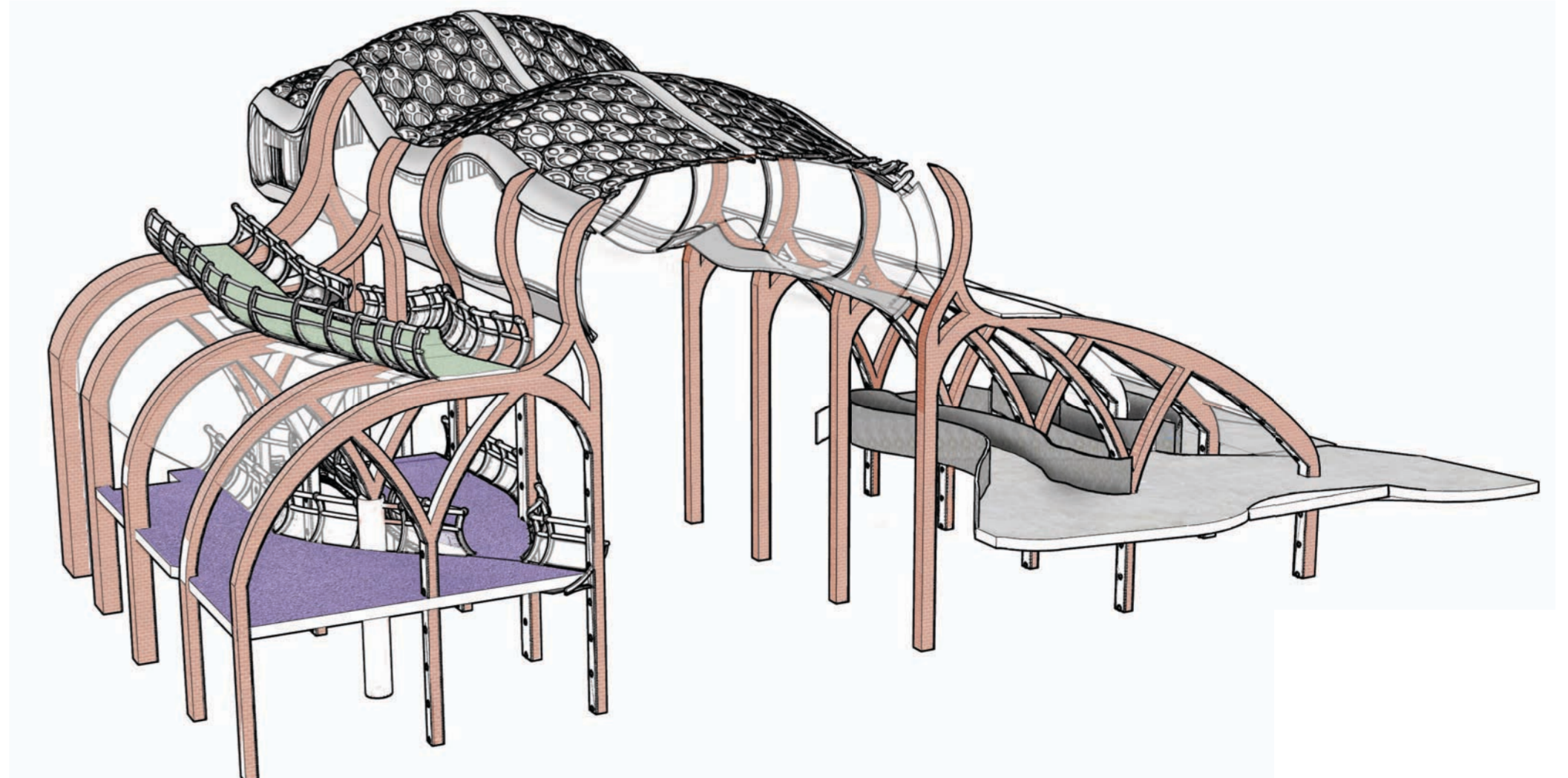
BESPOKE **W**ALKWAY
DETAIL @ 1:20



In light of the theme of allowing a user, particularly an inpatient, to feel comfortable, the walkways have been designed to represent a pair of hands catching someone into the safety and security of their palms.



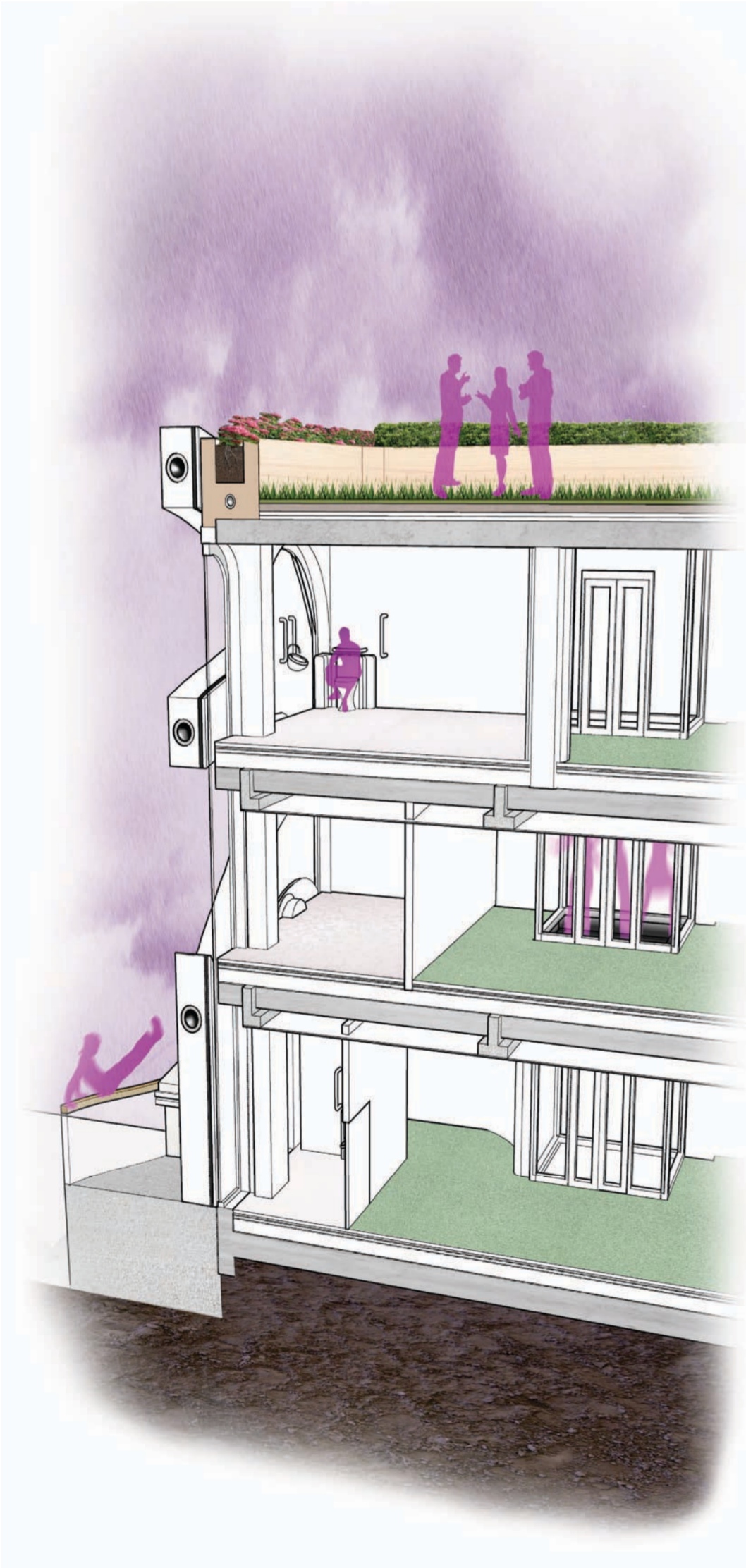
PART **E**XPLODED **A**XONOMETRIC **D**IAGRAM INDICATING HOW **R**AMPANT **A**RCHES
CONNECT WITH **E**LEVATED **F**LOORS AND **G**REENHOUSE **S**OLARSKIN **F**RAMING



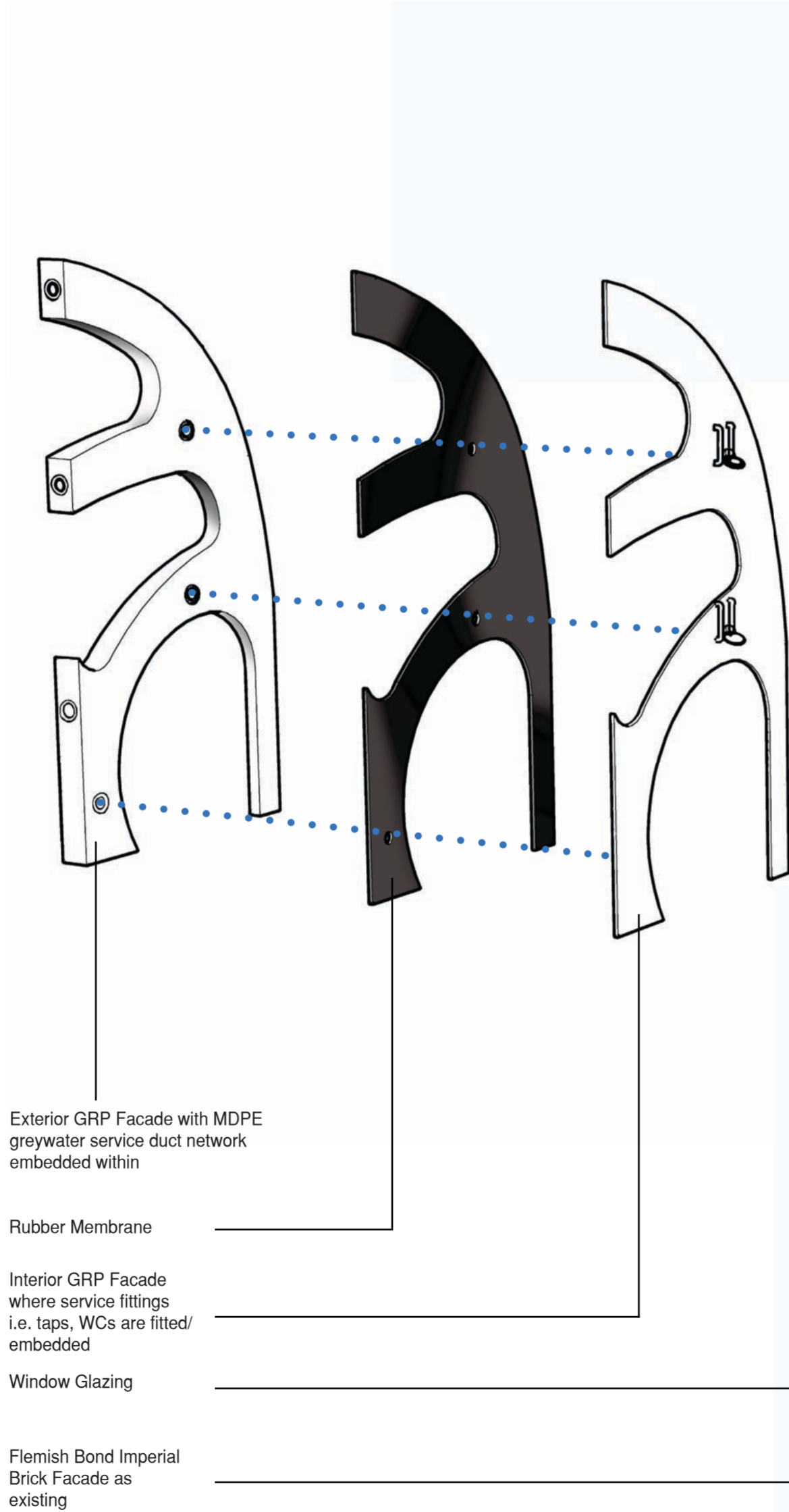


GRP FACADE DETAIL

AXONOMETRIC DETAIL INDICATING HOW GRP FACADE AND GREEN ROOF WORKS WITH EXTERNAL WALL OF PROPOSAL AND WATER SERVICES

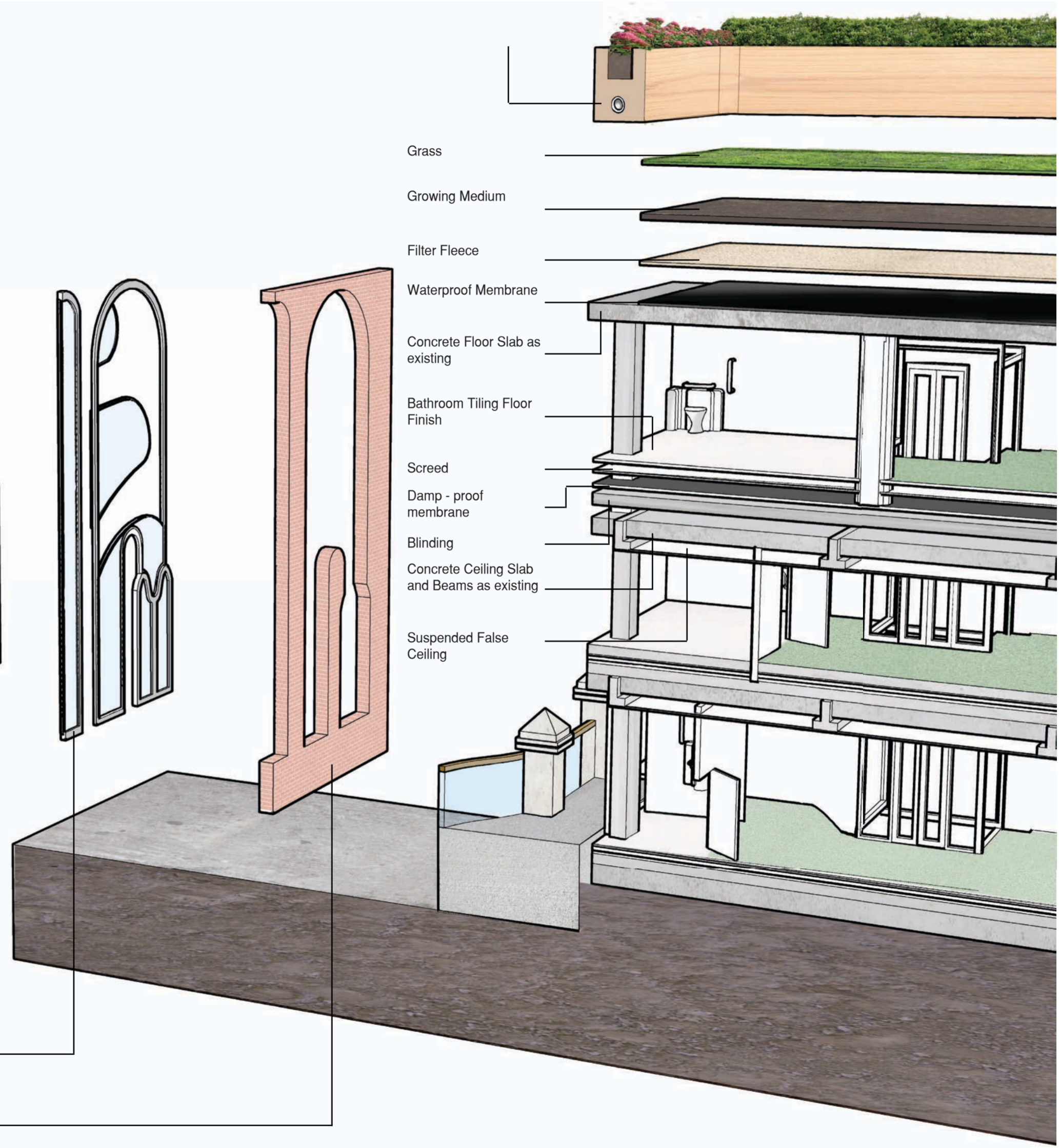


EXPLODED AXONOMETRIC DETAIL INDICATING HOW GRP FACADE AND GREEN ROOF WORKS WITH EXTERNAL WALL OF PROPOSAL AND WATER SERVICES



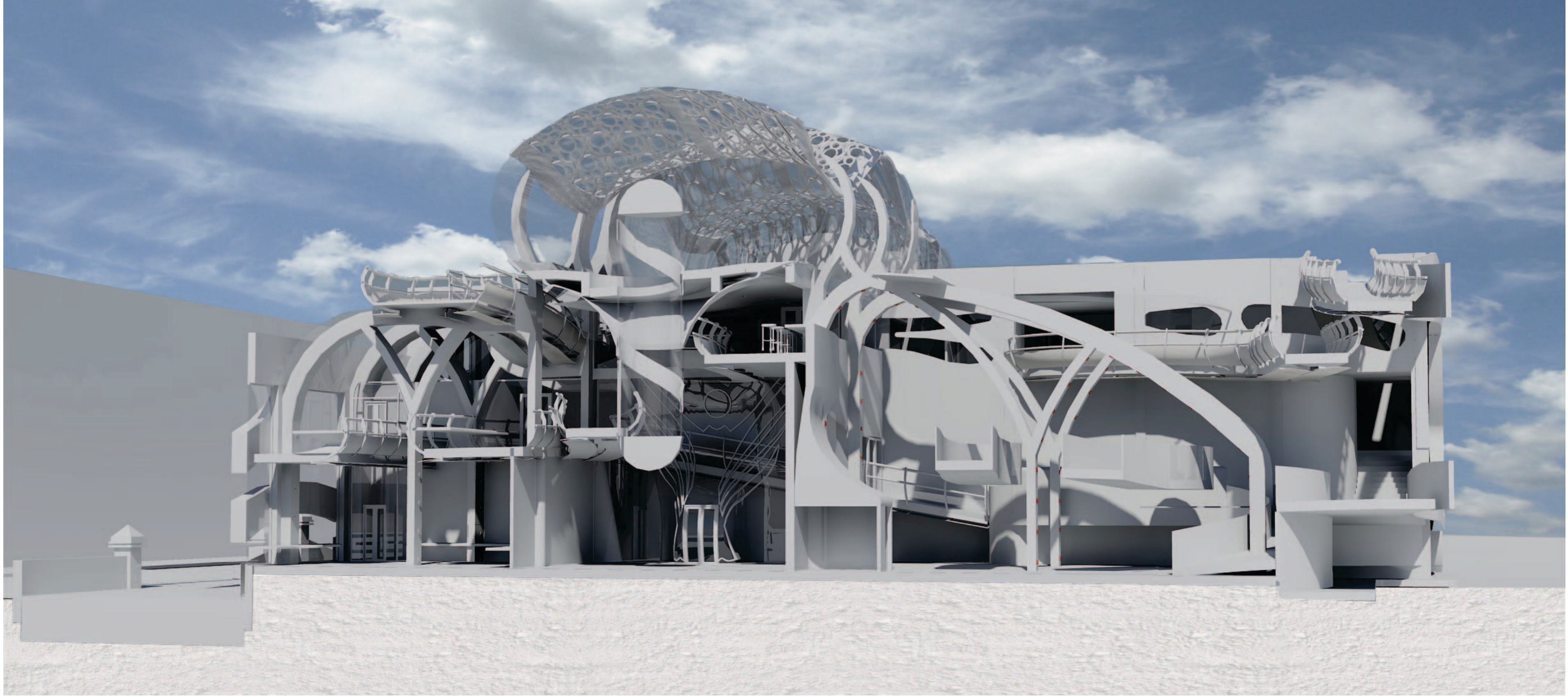
Horticultural Planting Bed with MDPE Rainwater Harvesting Duct

Rainwater permeates from growing medium above and is filtered into the rainwater harvesting system

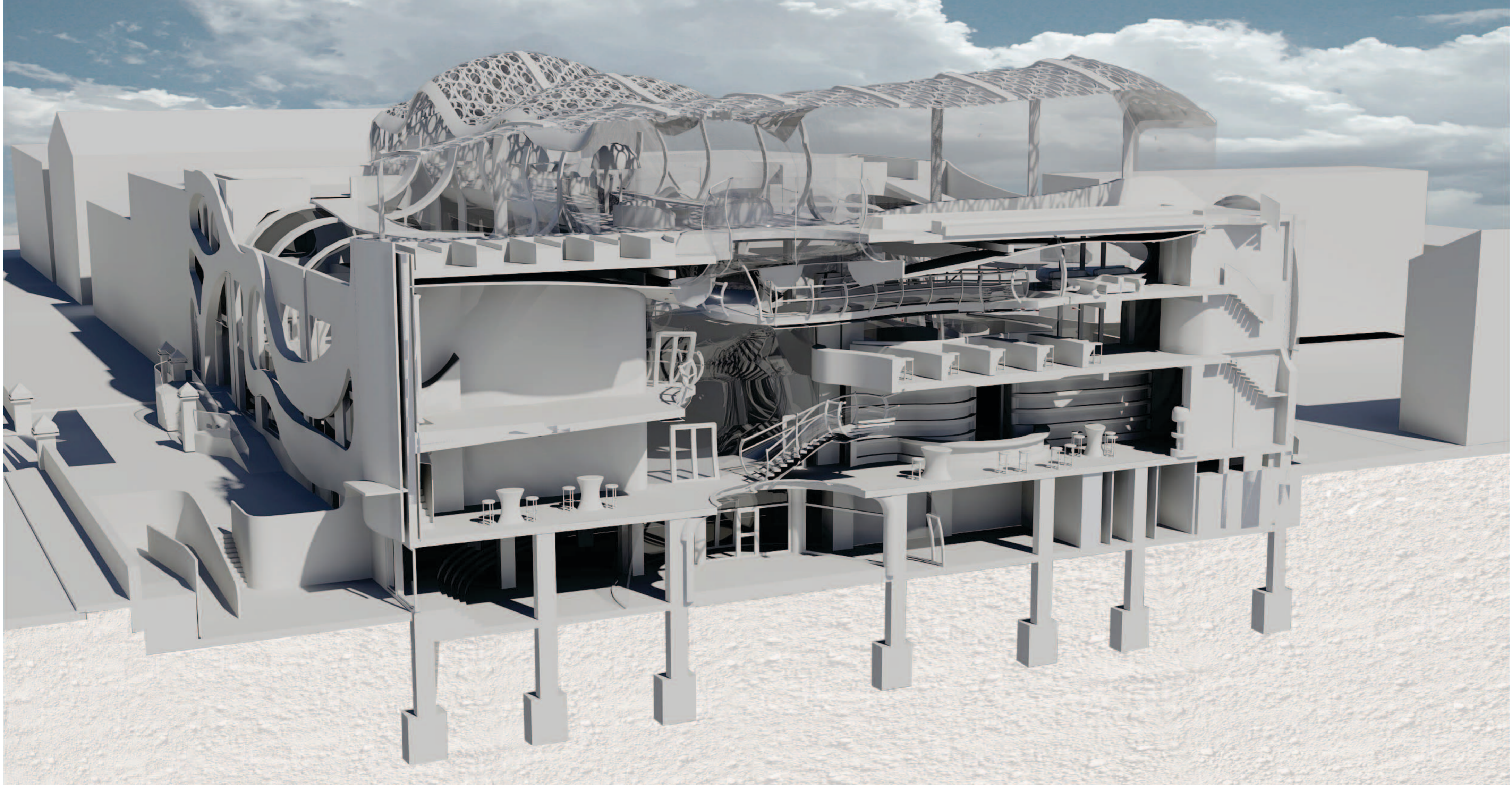




SECTION A - A @ 1:125



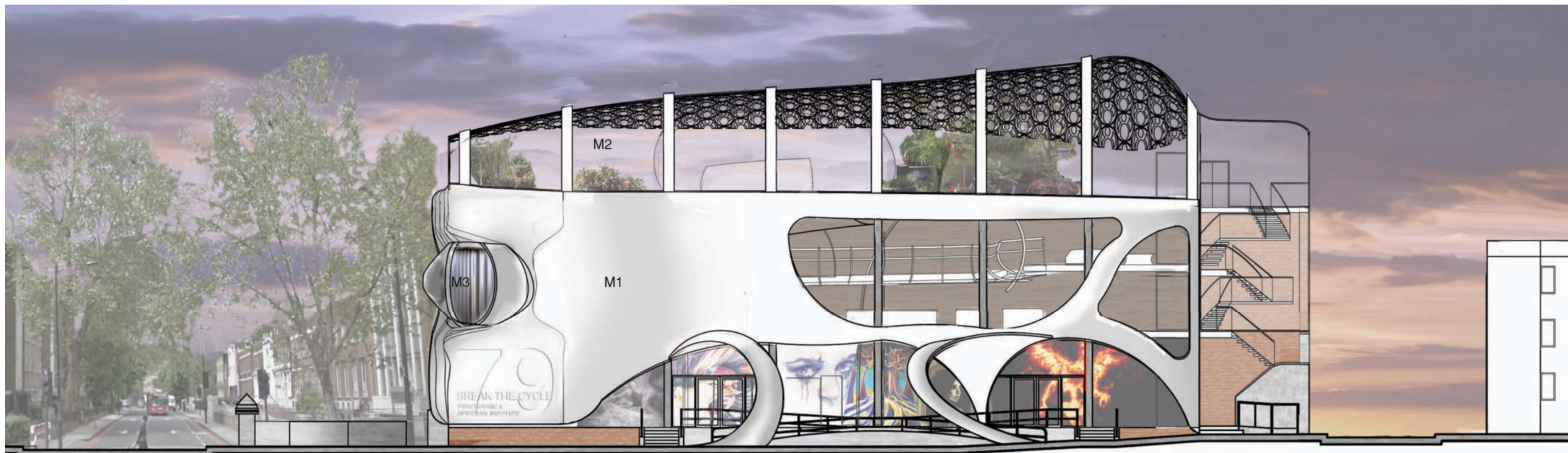
SECTION B - B



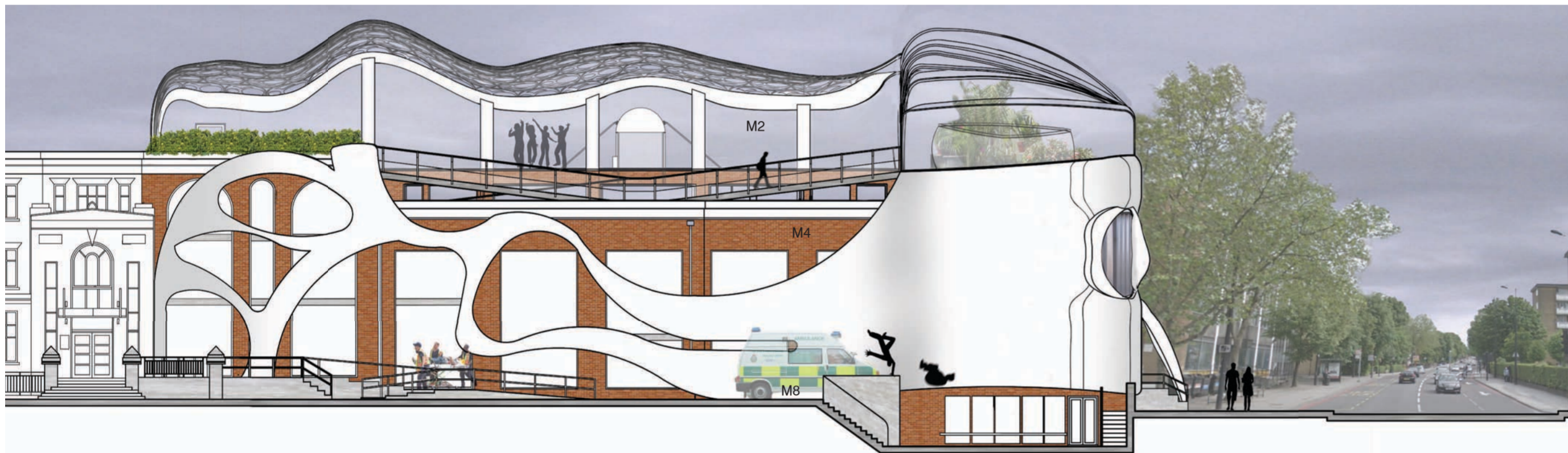
SECTION C - C



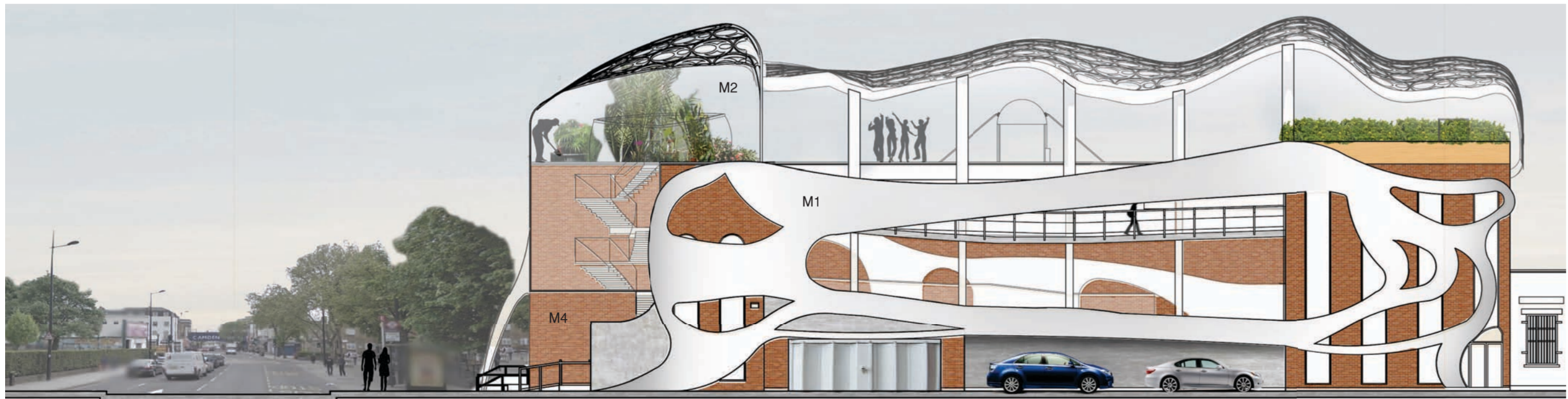
ELEVATIONS @ 1:500



SOUTHEAST ELEVATION
 (CAMDEN ROAD)



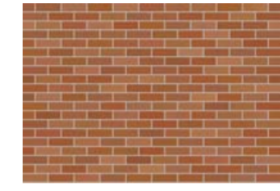
SOUTHWEST ELEVATION
 (ST. PANCRAS WAY)



NORTHEAST ELEVATION
 (ROCHESTER PLACE)

MATERIALS KEY

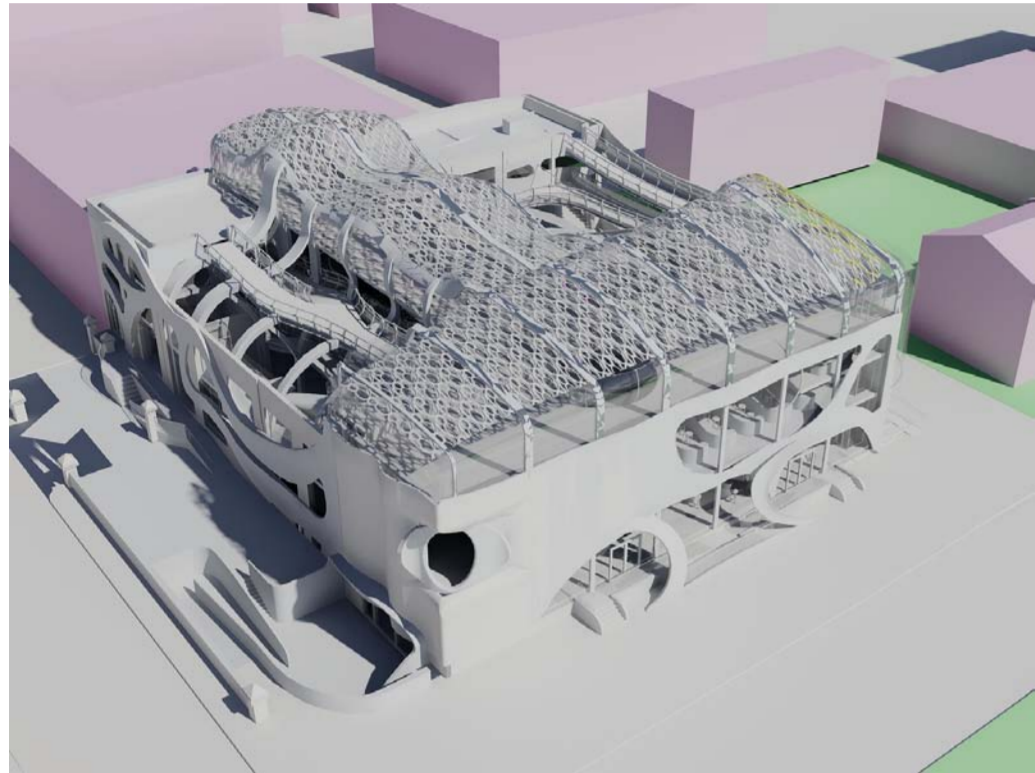
- M1 - GRP Facade
 Carries services
- M2 - Glazed Greenhouse
 (All of Lv3)
- M3 - Concertina Shutters



M4 - Existing Brick Facade

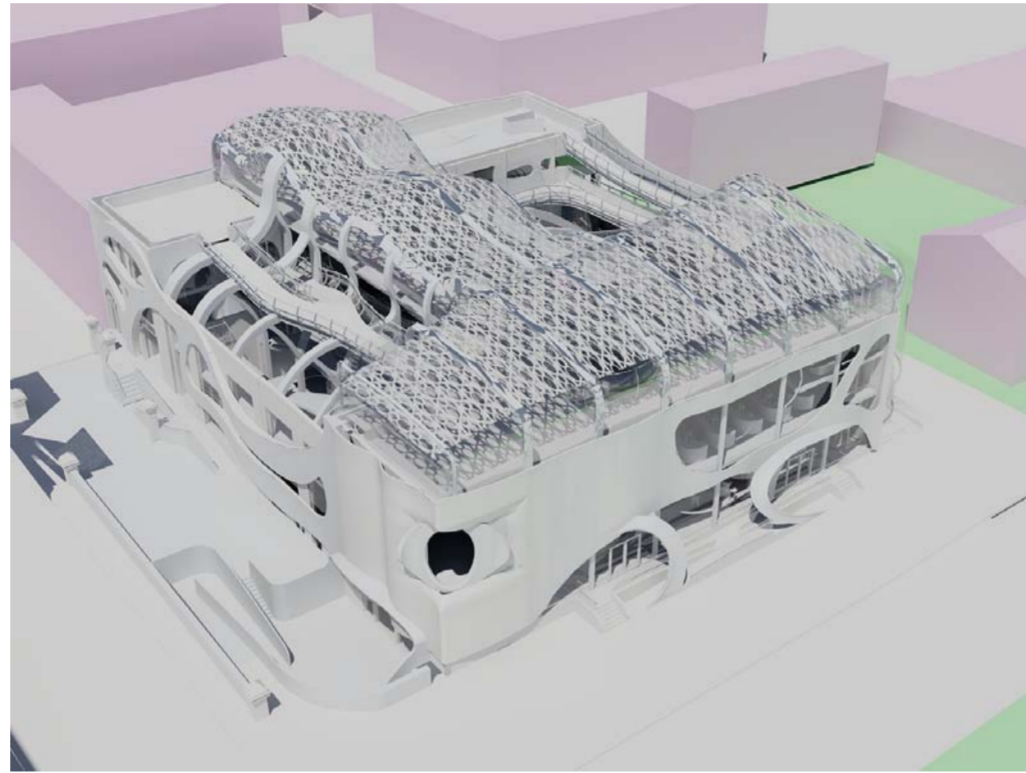


PROPOSED SUNPATH DIAGRAMS

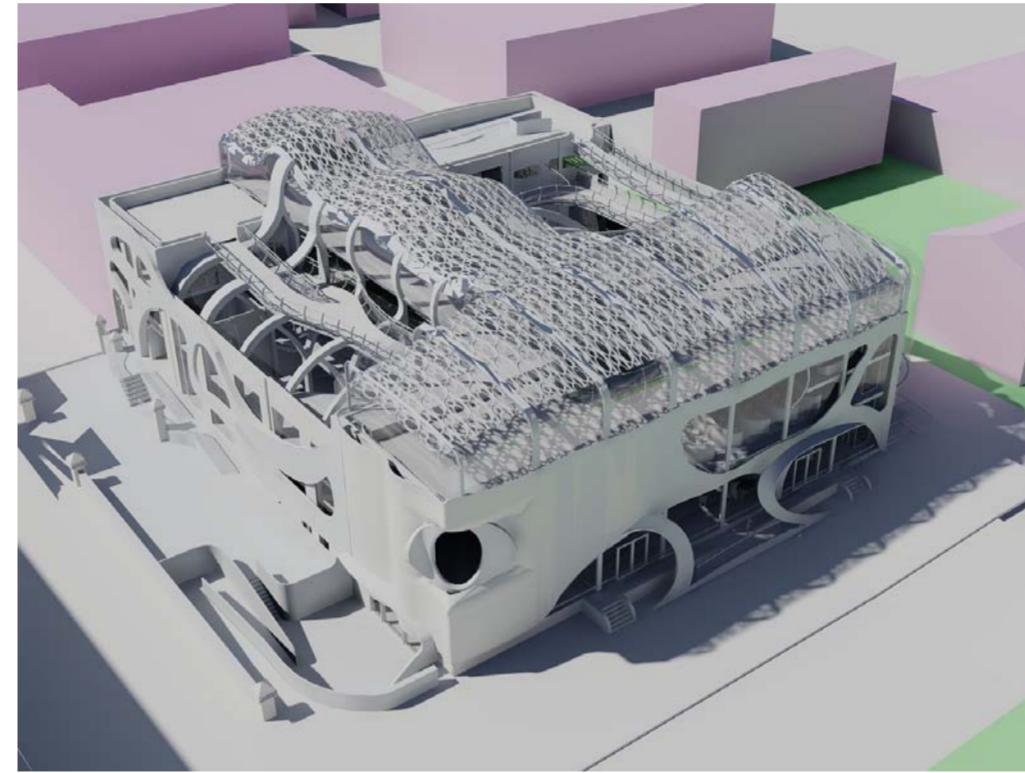


9AM

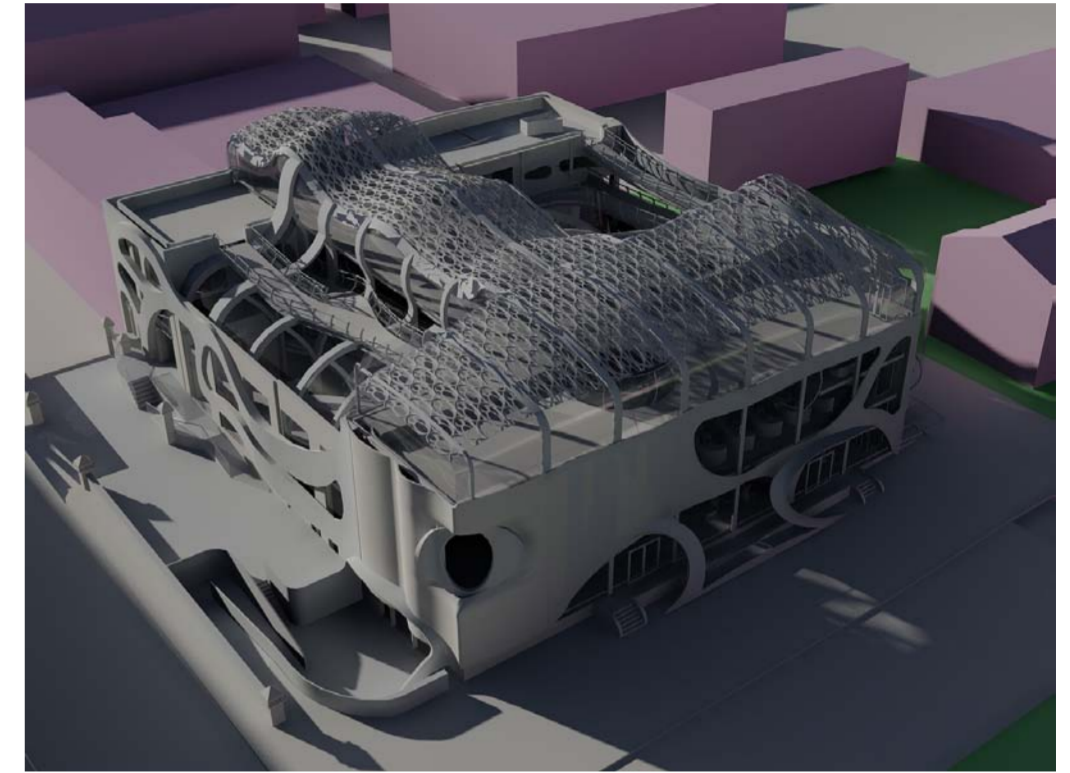
SOUTHERN VIEW



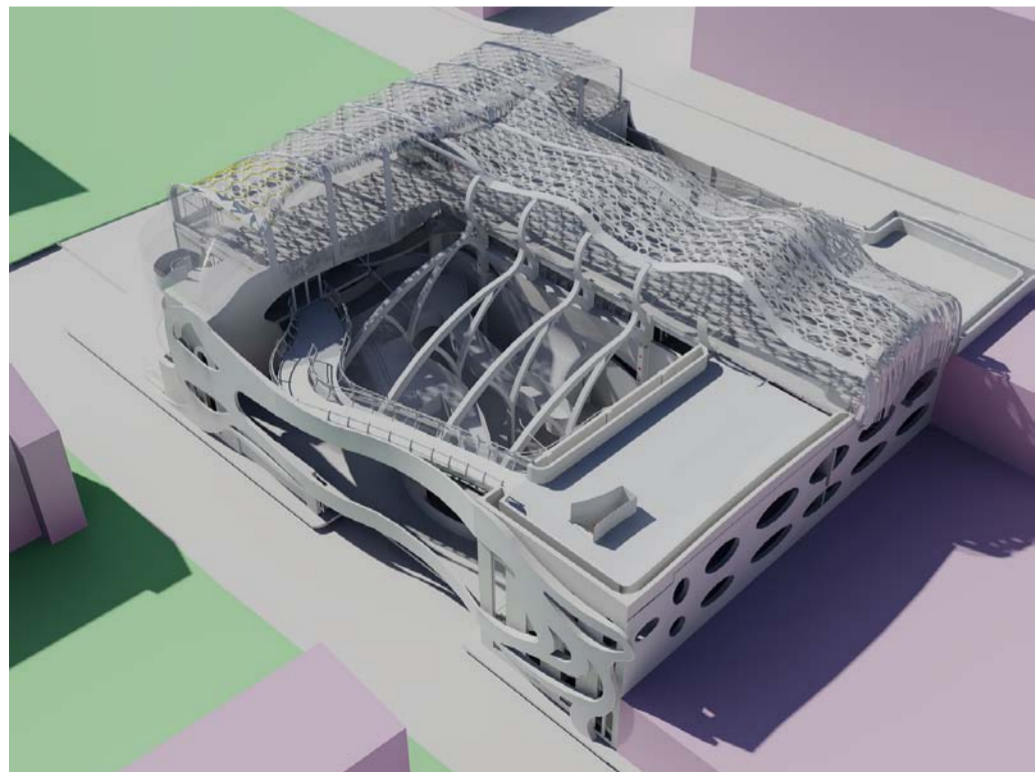
12PM



3PM

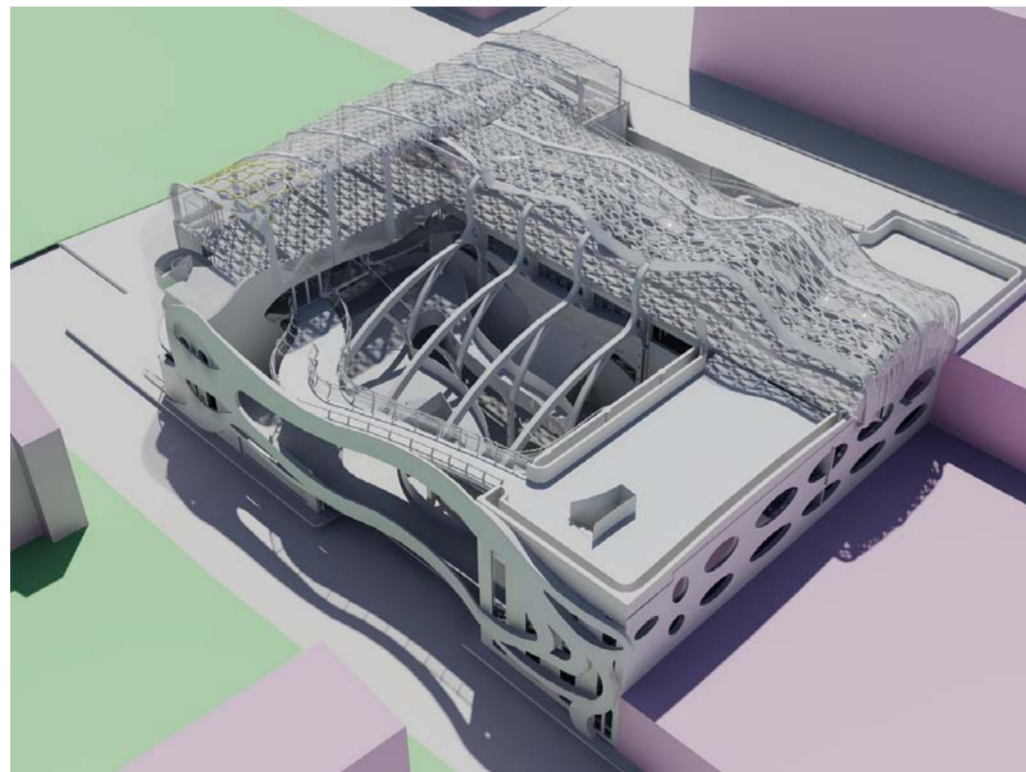


6PM

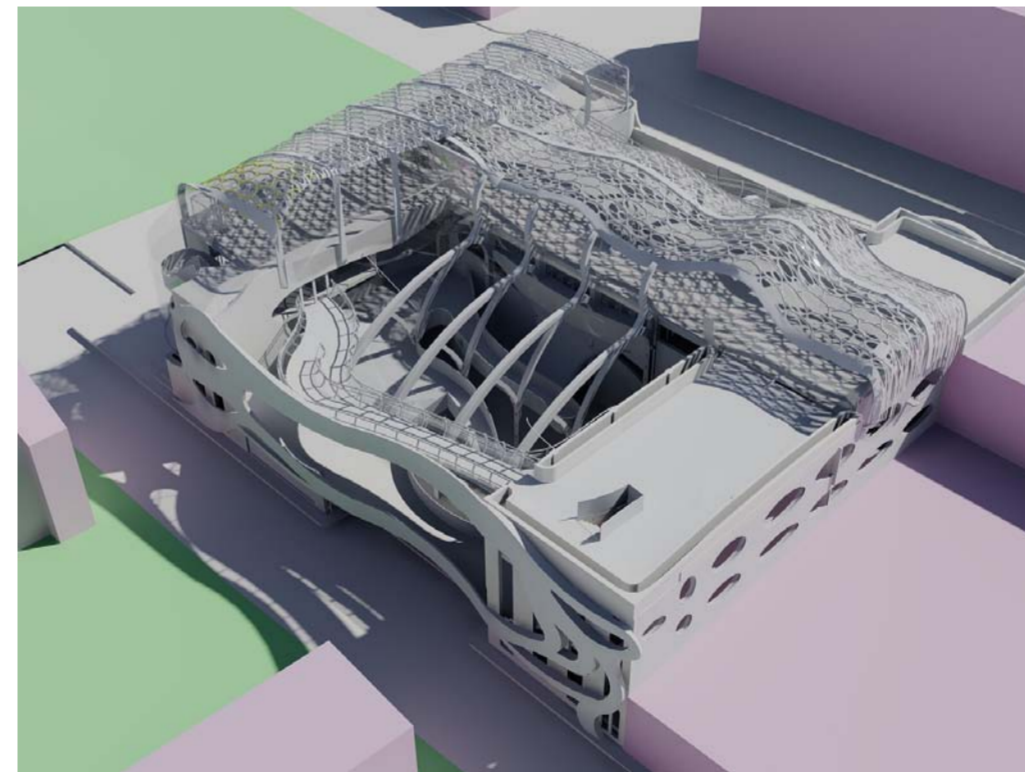


9AM

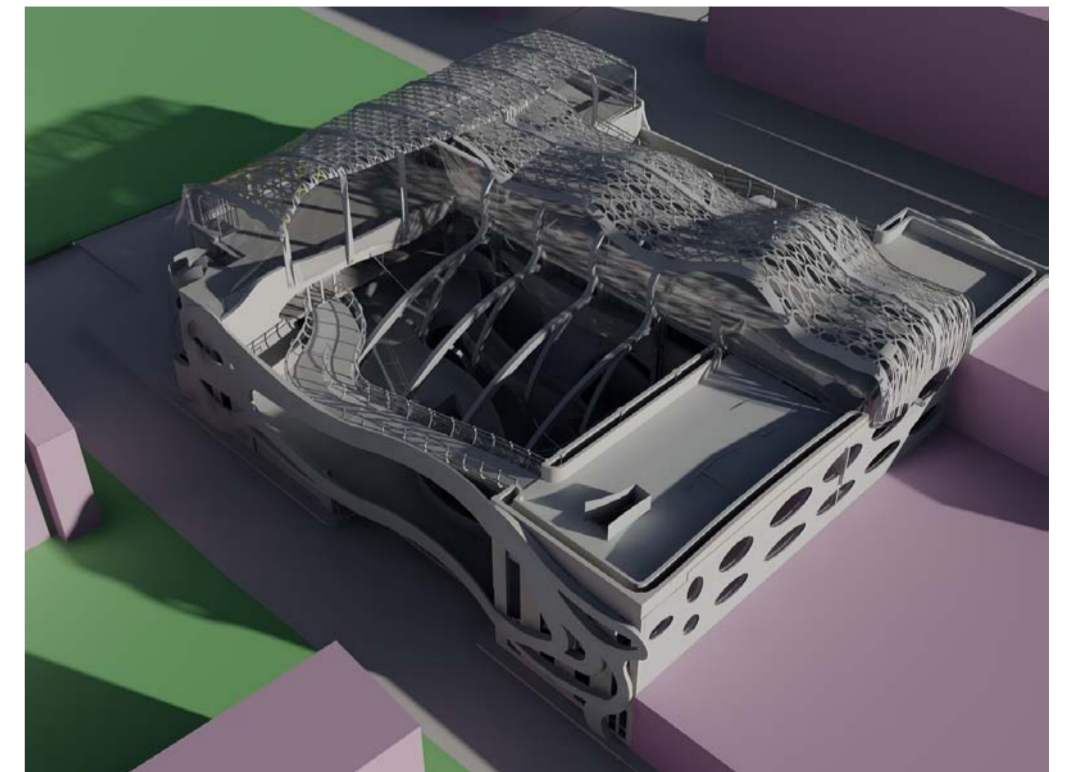
NORTHERN VIEW



12PM



3PM



6PM